SERVICE OPPORTUNITIES DUCHESNE, PARISHES, COMMUNITY

DUCHESNE

PARISHES

Adopt-a-Family Tutoring w/NHS Foresight Auction

Open House Guide Ambassador

Stucco Event

Retreats for the Freshman/Soph Vincent DePaul thrift store Sports Camp (no \$) Work for a teacher or coach(not Set up or clean up after an manager) High School Nights Office of Advancement

Sponsor a drive for food, eyeglasses

ST. LOUIS

St. Patrick Center Tutor at De La Salle Middle School (inner city) **Picnics- Festivals** Food Pantry Sing in Parish Choir Serve @ Mass St. Vincent DePaul **PSR** Instructor Parish Care Service

Seedbearers event Camp Mater Dei Camp Tuckahoo for Girl Scouts

Vacation Bible School

Grounds Improvement Garden Angels **Boy Scout Projects**

Luke 18 Retreats

Serve at breakfast, sausage Safety Towns supper, or fish fry

WALKS

COMMUNITY

Operation Food Search Crisis Nursery YMCA Neighborhood clean up Visiting Nurse Association Parkside Meadows WORTH Industries(working with handicapped)

Villages of St. Peters Nursing Home

City of St. Peters Mount Carmel Senior Living Volunteer Specialist Make a Wish Foundation Our Lady of the Snows-Way of Lights, clerical work Salvation Army Soup Kitchen Hospice Centers Horse Therapy Farms Seniors and Company (mentally challenged) Salvation Army Bell Ringing City Parks Dept.

IN GENERAL

HOSPITALS

St. Joseph's Barnes Jewish Missouri Baptist SSM St. Charles Ranken Jordin Cardinal Glennon Children's Hospital Depaul Health Center Multiple Sclerosis Race for the Cure Polycystic Kidney Walk Liver Life Walk

Work for elderly non family members for free, ie. Rake leaves, shovel snow, clean windows and gutters.

Go to nursing homes to visit with the elderly.

Volunteer for the Red Cross the USO.

Give free lessons in some thing you are good at, ie. music, swimming, etc.