



DUCHESNE HIGH SCHOOL

shaping leaders in mind, body, and spirit

Hi all,

Last year we started using some of our Wednesday “Late Start” time for **Power Hour**. The purpose of Power Hour is to carve out time during the day for students to meet with their teachers in a tutoring format. The schedule for these Wednesday, Late Start, Power Hours follows a typical Wednesday schedule. The first bell rings at 9:10 and classes begin at 9:15. The difference between a Power Hour Wednesday and most others is how the teachers will be using their time. Instead of formal professional development, the teachers will be in their rooms between 7:45 and 9:00 to meet with their students.

There are multiple ways for students to use this time. Let’s say a student is doing well in his English class and has just been assigned an essay. He might use Power Hour to meet with the teacher and brain storm ideas, or get some tutoring on creating an outline for the paper. Maybe a student is consistently getting Bs on Algebra tests and wants to get over that plateau and move her B to an A. She might meet with her Algebra teacher for some study tips.

Those students in Zero Hour will be required to use the Power Hour time to meet with at least one of their teachers. Students are required to attend Zero Hour if they has 2 or more Ds, or 1 or more Fs. Those students will check in with their school counselor and then be directed to one of their teachers. Which student the teacher sees will depend upon the situation. Let’s say the student has 2 Ds (one in history and the other in chemistry). If the D in history is a result of a missing assignment that the student just submitted and the D in Chemistry is the result of poor test scores, it would make sense for the student to spend most of his time with the chemistry teacher and then check in with the history teacher later in the day (just to ensure that the assignment was correctly submitted).

Finally, I’d like to say a quick word about how grades are determined at Duchesne. The academic year is divided into semesters and quarters. Semester grades are the only grades that appear on a student’s transcript. They are also the only grades used to determine a student’s cumulative GPA. We figure semester grades using the following calculations: the first quarter is worth 40% of the grade, the second quarter is worth 40% of the grade, and the final is worth 20% or the grade.

Thank you,

Dominic D’Urso



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Upcoming Events

September 15

Freshman Retreat: The retreat will take place during the regular school day, starting at 7:40 and ending before the final bell. Students should report to their first hour class for attendance. This is a dress down day for freshmen and their senior retreat leaders. A pizza lunch will be provided. Please bring a bottle of water. You can leave you iPads and books at home.

September 19

Home Tripleheader – Tennis, Volleyball, Golf (Bogey)

September 20

Power Hour: See the letter above for a description.

Home Tennis

September 21

Home Doubleheader – Volleyball & Golf (Bogey)

September 22

Home Football

September 25

Spirit Week: The 25th kicks off spirit week as we prepare for Homecoming. There will be a variety of costume contests and activities leading up to the big game and dance.

Home Tripleheader – Tennis, Volleyball, & Soccer

Lyons Day: Be sure to stop by Lyons for some ice cream in support of Duchesne!

September 26

Home Doubleheader – Soccer & Golf (Bogey)

September 28

Home Volleyball

September 29

Homecoming: Our pep rally will be at 2:00 and will include an introduction of our Homecoming court. The game begins at 7:00. The Homecoming court will also be introduced during halftime of the game. As usual, all of our families are welcome to attend both events.



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September 30

Homecoming Dance: The doors will open at 7:00 with the ceremony starting at 7:30. The dance will follow the ceremony and end at 9:30. Students attending the dance are required to stay until 9:00.

October 6

2003 Soccer State Championship Reunion/Swiftie Night: On Friday night we will honor the 2003 Boys Soccer State Championship prior to our game with Priory. At halftime, the danceline with over 100 gradeschoolers will perform. It should be a fantastic night. I hope everyone can make it.

