



DUCHESNE HIGH SCHOOL

shaping leaders in mind, body, and spirit

Hi all,

As most of you know, our theme for the year is fortitude. This week and next, I'd like to highlight some of our students who are living out the virtue. I asked our faculty to nominate students who in William Mattison's words, "face obstacles or difficulties well" They are those who persevere in the face of the world's hardships in their "pursuit or grasp of goodness."

Alyssa Forti was nominated by Ms. Davis who enthusiastically said, "Without a doubt!" Alyssa was also nominated by two other teachers. Mrs. Renaud added that she is personally inspired by the way Alyssa "is able to keep her head up and always maintain a positive attitude." Finally Mr. Berner notes that Alyssa "is the student that defines the virtue of fortitude. She has faced countless obstacles throughout her life and has always overcome them. The way that she balances her responsibilities both in and out of school is inspiring and she always seems to do it with a smile on her face."

Mrs. Moore nominated **Conway Beckemeier** saying, "Although I do not have Conway in class, his is always friendly toward me and appears to have a great attitude. He always pushes on and makes the best of his day, no matter what the day brings." Similarly, Mrs. Broyles nominated **Trinitee Rainey** noting, "I do not have her in class, but she seems to be handling her dislocated knee well. Every time I see her in the halls she is all smiles, even though her knee is slowing her down and probably causing her pain."

Finally, Mrs. Severs recognized **Ryan Knoebel**. She notes that, "Ryan has consistently demonstrated exceptional perseverance and determination while working on the robotics team. He has overcome numerous obstacles with dedication and hard work, and his contributions to the team have been invaluable. Ryan's work on building and modifying the robot for the competition has been particularly impressive. He has put in countless hours of hard work and has shown an unwavering commitment to ensuring that the robot meets the needs of the team. His dedication to the project is truly admirable."

For obvious reasons, these are my favorite letters to write. More nominations next week!

Pax,

Dominic D'Urso



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Upcoming Events

November 4

District Choir Concert: 7 of our students (Grace Kelly, Trinitee Rainey, Alejandro McAndrews, Gabi Ulrich, Hannah Rimmey, and Amanda Bronner) are singing in the district choir concert at the Touhill Performing Arts Center on UMSL's campus. The concert is at 4:30 and is free of charge. Anyone may attend, so get there early if you would like a good seat. A special congratulations to Michael Weber, who received honorable mention for his All-State choir audition.

November 6

Swim & Wrestling Tryouts: The Swim and Wrestling seasons start on Monday. See you coaches for more details.

November 8

Grandparents Day: This day is one of our favorite traditions. Grandparents and Honorary Grandparents are invited to spend the morning with their grandchildren at Duchesne. A pizza lunch will be provided to the students not going to lunch with their grandparents. The cafeteria will be closed.

November 11

State Quarterfinals: Our District Champion Boys Soccer team will compete in the State Quarterfinals on Saturday afternoon. The game will be at Duchesne. We will not know the exact start time until early next week. Stay tuned.