

DUCHESNE HIGH SCHOOL PARENT NEWSLETTER

SEPTEMBER · 2022

WELCOME BACK!



Duchesne principal Dominic D'Urso '95 with dean of students and assistant principal of student life Debi Turner '96 pose for pictures as the first day of class gets underway on August 18.

UPCOMING SCHOOL DATES IN SEPTEMBER

September 5

No School

September 6

Back to School Night Happy Hour - 6 p.m.

Back to School Night - 7p.m.

September 7

Late Start

September 8

All School Mass

September 12

First PPA Meeting - 7pm

September 14

Late Start
Duchesne Reads - 6pm

September 21

Late Start
Jazz Cafe - 7pm

September 23

Freshmen Retreat

September 28

Late Start

October 3

Spirit Week Begins

From the Dean's Desk



Debi Turner '96
Dean of Students
Assistant Principal of Student Life

I hope this message finds all of you healthy, happy, and ready for a great new year at Duchesne.

I am very excited to work with your students and help prepare them for their next path in life.

Should you ever have questions

or concerns regarding your child, please do not hesitate to reach out to me. I am here to help!

As we strive to prepare your children for their next phase in life, we have made some adjustments to the Parent/Student Handbook for the 2022-23 school year. The most pertinent changes are as follows:

SENIORS ONLY:

- Seniors are not required to wear the traditional school polo as long as they are wearing an approved DHS hoodie or sweatshirt with uniform bottoms. If your senior is not wearing a hoodie or sweatshirt, they must wear the school polo.

- Senior boys are not required to be clean-shaven. However, their facial hair must appear neat and well-kept.

- Seniors may qualify for Unsched-

uled Time if they meet the weekly academic standards.

This privilege goes into effect once the 2nd week of the quarter is complete.

- Seniors may decorate their parking spaces with (an approved) design.

ALL PIONEERS:

- In an effort to get students to class in a timely fashion, snacks will not be sold in the cafeteria throughout the day. Snacks may be purchased before school and/or during lunch.

- Students that are taking a Study Hall will be required to remain in the classroom and will no longer be allowed to be "unscheduled" throughout the building. Of course, students may sign out of study hall with a pass in order to work with a tutor or teacher during their study hall.

Well done summer work study students!

Another summer of Duchesne's Work Study Program wrapped up on July 28 with the school clean and ready to go for the new school year.

Two groups of students worked throughout the summer to make our school truly shine.

Facilities manager Georgia Sutton was happy with the effort the kids put in this year.

"We got-er done," she said with a smile.





Big thanks to Brian and the hard-working staff at Geerling Painting for the amazing paint job they did on our school this summer! For more pictures, click [here](#) for the gallery.

New Parents Organization Created at Duchesne

Duchesne High School has announced the creation of its all-new Pioneer Parents Association. The new organization will help support parents and teachers by providing a means of sharing and creating experiences for the benefit of the students.

The PPA will promote student activities, enhance communication between the home and school, and encourage in parents a sense of ownership and involvement at Duchesne.

Duchesne admissions director Lisa Koepke decided to start the program after data from a parent survey revealed that many Duchesne parents would like to take a larger part in school life.

"We quickly came up with some



ideas and created an action plan to roll out a very robust parent association with the goal of creating stronger community connection within our school," she said.

Duchesne alumna Kristi Shaw '96 will be stepping into the role of

president of the PPA and is excited to offer parents more opportunities to engage with Duchesne's faculty and student body.

"I have strong ties to Duchesne as my family and myself are all alumni, and I now have a daughter who is a sophomore," said Shaw. "We are planning social events, teacher appreciation events, spirituality groups, and the new Pioneer Buddy Program to welcome all new families!"

Parents interested in joining the organization can reach Kristi at kristitock@yahoo.com.

The first PPA Meeting is 9/12 at 7 p.m. in school cafeteria. Come hear more about PPA and how you can get involved!

Campus Ministry

Greetings from Duchesne's new Campus Minister



Jenny Broyles '15
Campus Minister

Hello!

For those of you who do not know me, my name is Mrs. Broyles and I am the new Campus Minister at Duchesne. I am very excited to see what the Lord has in store for me working in this position, but if I'm being totally honest, I'm also pretty nervous! As I continue to learn about my new role, please be patient with me and of course, pray for me!

Some important dates coming up are September 8 and 23. On September 8 we will be having our first All School Mass. This provides an opportunity for our entire school community to come together in worship. On September 23 our Freshman Class will have a retreat. This retreat will take place during the school day. More information on this retreat will be sent to parents later.

That's all for now, please know of my prayers for our Duchesne family!

Guidance Office

AP & ACC CLASSES

Students currently enrolled in AP and ACC classes will need to enroll for college credit over the next few weeks. Registration for the AP test will happen on September 23 and September 24. AP exam fees are \$97 per exam. Students with questions should speak to Mr. Tinsley or their AP/ACC teacher.

PSAT FOR JUNIORS & SOPHOMORES

Juniors and sophomores are invited to take the PSAT on Wednesday, October 12, here at DHS. The cost for this optional test is \$19, payable by check to DHS and turned in to Mr. Tinsley in the Guidance Office. The deadline for registration is October 4. The PSAT is used to qualify for the National Merit Scholarship competition and is not used for college entrance or scholarship consideration. Contact Mr. Gene Tinsley at gtinsley@duchesne-hs.org if you have questions.

SENIOR PARENTS

TRANSCRIPT REQUESTS

All seniors have been advised as to how transcripts are requested through Naviance Student. Fifteen-percent of the senior class has applied to their target schools and many have received their acceptance letters. Please encourage your senior to continue to visit campuses, virtually or in-person, and to use Naviance Student to complete their applications.

COLLEGE & FINANCIAL AID

Senior parents, especially, are encouraged to use the financial aid information resources provided by Saint Louis University. SLU offers workshops and webinar programs to address generic financial aid questions including FAFSA-related issues. Go to: slu.edu/financial-aid, or call: 314-977-2350 for more information.

A+ PROGRAM

All parents should consider complet-

ing the "A+ Intent to Comply Form" available on the DHS website (Bottom of the site to "Students", then "Forms"). Completed forms should be turned-in to Mr. Tinsley in the guidance office. The A+ program offers significant tuition assistance at community colleges and some four-year colleges.

Seniors and their parents should be aware that the qualifying score for the Bright Flight Scholarship has increased to the ACT score of 32 (previously 31). Contact Mr. Tinsley in the guidance office if you have questions.

SENIOR & JUNIOR PARENTS

Admission and Financial Aid information will be presented by Ella Peterson, Rockhurst University St. Louis Admission Coordinator, on October 13, at 6:30 PM in the DHS cafeteria. The presentation may last just over an hour with questions answered. Please RSVP to Gene Tinsley at DHS for planning purposes.

Therapeutic Check-Ins Build Resilient Individuals



Karmen L. Mays, MA
Director of Community,
Inclusion and Student
Well-Being

We visit the doctor and dentist for checkups once, twice or even a few

times a year to maintain our health. Medications and physical exercise are incorporated in our daily schedule to prevent or treat illnesses. Yet, it seems we do not take the time to do a checkup on our mental, emotional and social health. A simple conversation to discuss how your day, week, classes or even social relationships are going means a lot to our mind, body and spirit. During a 20-30-minute session with a student, there can be amazing benefits!

The result of therapeutic

check-in's can build resilient individuals and prepare our children to become individuals capable of overcoming obstacles with the proper mental health gear. Ephesians 6:11 tells us to "Put on the full armor of God". Our children's armor are spiritual and personal skills they must equip themselves with to combat and shield them from harm, negative decision making and paths they should avoid.

As we change the oil in our vehicles to maintain ultimate performance, it is necessary to fine tune

our mind, body and spirit. As parents and educators, we are grooming our children to be leaders in the future, but they must first be equipped with the necessary components to makeup a healthy and happy lifestyle in order to lead.

If you would like your child to do a personal, academic, social/emotional and/or mental health check-in, please click on the link below and I will be happy to meet with them.

<https://forms.gle/uyh-KeW7b9y4Ye6r49>

Admissions Office High School Nights 2022

This Fall, 23 Catholic High Schools from across the St. Louis area will participate in the Archdiocesan High School Nights. These events will include a Welcome Fair from 6-7 pm, where families can stop by school tables to get general information, and then choose from three different 15 minute presentations by schools from 7-8 pm. Families with students in grades 5-8 are invited to attend, no prior registra-

tion necessary. Families will complete a short registration when they arrive.

HIGH SCHOOL NIGHT LOCATIONS AND DATES

September 13th, 2022 at
St. Joseph's Academy

September 22nd at
Incarnate Word Academy

September 27th at
St. Dominic High School

DHS Admissions Timeline 2022-2023

Monday, October 3, 2022

High School Application
Intent Process

Sunday, October 23, 2022

Duchesne Open House

Monday, November 14, 2022

Application Intent Forms Due

Friday, December 2, 2022

Records Sent to First
High School Choice

Wednesday, January 11, 2023

First Trimester Report Cards

Wednesday, January 18, 2023

Second & Third Round Applications

Friday, January 27, 2023

Acceptance & Non-Acceptance Letter



THANK YOU!!!

Thank you to all the Boosters who helped with the Fall Sports Parent Meeting and New Parent Meeting. The BBQ and meetings were a huge success. If you are interested in becoming a booster you can contact Jason Boschert at jasonrboschert@gmail.com for further information.

**CONGRATULATIONS TO OUR
AAA ALL-CONFERENCE 2022
SPRING ATHLETES**

BASEBALL

1st Team: Philip Peltes (Pitcher),
Sam Jost (Infield), Cayden Wolfe
(Infield), Michael Graham
(Outfield)

2nd Team: Gavin Moffitt (Pitcher),
Trenton Thompson (Catcher),
Nolan Taylor (Designated Hitter/
Utility)

Honorable Mention:
Joseph Bentrup

Player of the Year:
Philip Peltes

Newcomer of the Year:
Sam Jost

SOCCER

1st Team: Reese Potts (Goal
Keeper), Gabrielle Schlapper
(Forward)

2nd Team: Haley Stockhausen
(Midfielder), Miranda Malcolm
(Defense)

Honorable Mention: Audrey
Abegg, Hailey Gancarz, Josie
Mattingly, Lena Mattingly, Kate
Mickelesen, Katie Stockhausen

Goal Keeper of the Year:
Reese Potts

VOLLEYBALL

2nd Team: Dane Gaither (Middle
Hitter)

**CONGRATULATIONS TO
OUR 2022 SPRING TEAMS/
ATHLETES ADVANCING
TO STATE**

(State finish listed if they
were top 4 at state)

Golf Boys – Josh Baker-Mays

Tennis Boys – Tommy Griese 2nd
Place and named to
All-Metro Team

Track & Field Girls – (Pole Vault)
Elizabeth Rothweiler--3rd Place
(Pole Vault) Heidi Hartwig

(Long Jump) Elizabeth Rothweiler
(4 x 400 Meter Relay) Clair Burks,
Tia Foster, Alice Hoffmann,
Elizabeth Rothweiler

Track & Field Boys – (Long Jump)
Amorion Oliphant

(100 Meter Dash) Rob Jones

(4 x 200 Meter Relay) Jeremy
Cochrum, Denereio Jarriett,
Rob Jones, Tracey Longley, Devon
Paulette--3rd Place

**FALL SPORTS COVID
PROTOCOLS**

The MSHSAA (Missouri State High School Activities Association) has removed all Covid guidelines and protocols for returning to play for high school activities. It is now a local high school decision. Duchesne student athletes who test positive for covid should quarantine for 5 days before returning to school and activities.

HEALTHY ROSTER

If you have not accepted the invitation to join Healthy Roster, please do so. Our new athletic trainer, Katy Mueller, uses this application to communicate with parents and coaches when an injury occurs during the season. It is easy to use and very helpful to track the progress of injured student athletes. Katy also uses this program for tracking physicals and other medical documents. Please contact Katy for questions regarding this program.

Katy Mueller – Duchesne Athletic Trainer athletictrainer@duchesne-hs.org

**HIGH SCHOOL SPORTS
PHYSICALS**

SSM Athletes are welcome to get sports physicals with their person-
(continued on next page)

al physician or with Health Sports Medicine who is offering FREE sports physicals for our athletes. You must be a current student this fall at Duchesne to be eligible for this free physical. You MUST sign up at the SSM Health Sports Medicine: 2022 High School Sports Physicals website.

FALL SPORT SCHEDULES

Fall sport schedules are available on our website via the google calendar or you can follow on Arbiter (a scheduling software used by many high schools). The Google Calendar will update in real time when there are changes made to games/meets/matches. Please follow us on Twitter (@Athletics_DHS) for daily schedules and updates on practice

and games that will be altered by the weather.

FALL SPORTS CONCESSION VOLUNTEERS

The parents of each athlete (football, soccer, volleyball, cheer, and dance) are asked to work a shift at the concession stand for all home football, soccer, and volleyball games. If you already signed up, thank you. If you have not done so yet, please go to <https://www.signupgenius.com/go/8050c4ca9ad-2ba1f58-duchesne2> to sign up for a shift in the concession stand. If your

child is on the Varsity team, please sign up for a lower level game. If your child is on a lower level team, please sign up for a varsity game. We welcome parents who do not have children participating in the above mentioned programs to volunteer as well since all proceeds from the concession stand sales are distributed to all Duchesne athletic programs.

DUCHESNE ATHLETIC BOOSTER NEWS

The Duchesne Athletic Booster
(continued on next page)

Upcoming Events

September 7 at 6:00 p.m.

General Membership Meeting
(Duchesne Cafeteria)

September 23-25

Duchesne Athletic Boosters
Bud Light Beer Tent at
Oktoberfest

October 7 at 7:00 p.m.

Homecoming Football Game

October 22

Duchesne Athletic Boosters Fall
BBQ Fundraiser

TBD

Christmas Party with the
Duchesne Coaches

April 22

Duchesne Athletic Boosters
Spring BBQ Fundraiser

Mark Your Calendars

September 17 - 8:00 a.m. - AAA Conference Girls Tennis Tournament at Westminster Christian Academy

October 3 - 10:00 a.m. - AAA Conference Girls Golf Tournament hosted by Borgia at Country Lakes

October 7 - 11:00 a.m. - AAA Conference Cross Country Meet hosted by St. Mary's at Jefferson Barracks

October 7 - 7:00 p.m. - Homecoming Football Game vs St. Dominic

6:40 p.m. - Duchesne will honor the 1982 Pioneer Football team on the 40th anniversary of the only Duchesne football team to ever finish 2nd at state. All former players and coaches are invited to the pre-game ceremony and homecoming game. We will also recognize Gregg Zeisler and Tom Zeisler for their 42 years of service as the Pioneer PA announcer and spotter who retired from their press box duties after last years football season. We hope all of our current Duchesne families and alumni can join us that evening to honor these individuals on their outstanding accomplishments and dedication to our football program.

October 18 - 5:00 p.m. - Girls Volleyball Senior Night vs Orchard Farm

October 21 - 6:30 p.m. - Football Senior Night vs MICDS

October 21 - 7:30 p.m. - (Football Halftime) Cross Country, Girls Golf, Girls Tennis Senior Night

October 24 - 6:00 p.m. - Boys Soccer Senior Night vs Parkway South

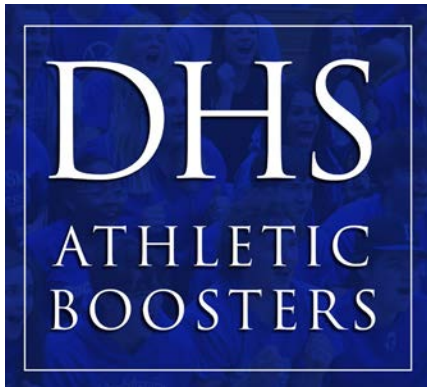
ers are the lifeline to our athletic programs at Duchesne, so your involvement is important to us. Please take part in the following fundraisers: The All Sports Lottery, working the Bud Light Tent at Oktoberfest, membership, and vol-

unteering in the concession stand at sporting events. All of these activities have been instrumental in securing financial support for our athletes and coaches. Becoming a member of the Duchesne Athletic Boosters is a great way to meet and

socialize with other parents in our community and pursuing a common goal in supporting our athletic program benefiting our children at Duchesne.

Duchesne Athletic Booster News

It's time to purchase your Booster Lottery Ticket!



We have kicked off our annual Booster Lottery ticket sales! This is the single largest fundraiser the DHS Boosters have each year and it generates a substantial portion of the annual budget. Your involvement and participation will make a positive difference to our children and proud school community. Get your tickets online now at <https://www.duchesne-hs.org/football-lottery.html>.

The last day to turn in the ASL tickets to be eligible for the entire 21 weeks is Friday, September 9th.

Please remember to list your seller so they have an opportunity to win as well!

You are invited to become a Duchesne Athletic Booster Mem-

ber! Registration for Booster Club Memberships for the upcoming school year is now open. There are several membership level options offered to you, please refer to the following link to review- [Duchesne High School | Booster Membership](#).

Save the Date for the Saint Charles Oktoberfest September 23-25! Join the Duchesne Athletic Boosters at the Bud Light Tent all weekend! Volunteers are needed, please consider signing up for a shift at <https://m.signupgenius.com/#!/showSignUp/4090e4daba->



Trading Post Hours
Monday and Wednesday
7 a.m. to Noon
& Friday from 1 p.m. to 4 p.m.

THE CURIOUS SAVAGE

BY JOHN PATRICK

**Fall Play Auditions
will be August 31
at 3pm in Room 33**

We need more males to audition.

JOIN SPEECH TEAM!

INFORMATION

MEETING

SEPT. 1ST

AFTER SCHOOL

IN ROOM 43



Speech Team Meets

Sunday, October 9, 2022 at Cor Jesu

Sunday, November 13, 2022 - location TBD

Sunday, January 15, 2023 at SLUH

Sunday, February 5, 2023 - location TBD

*You must qualify for this final meet.

**Meets run from
10:15 a.m. - 2 p.m.**

YOU'RE INVITED

TO DUCHESNE'S
BACK TO SCHOOL NIGHT

HAPPY HOUR!

CLICK TO REGISTER

Hey Pioneer Parents, you're invited to join us on Tuesday, September 6th, for our Back to School Happy Hour! Happy Hour begins at 6pm in the Duchesne Cafeteria and lasts until 7pm. Hope to see you there!

The Duchesne High School Music Department Presents



Sept. 21 | 7pm

**in the Performing
Arts Center**

Featuring Duchesne's
very own Jazz Band
and Royal Impressions

**All-Parent
Happy Hour** September 21st
5 p.m. to 7 p.m.

**Mattingly's
in St. Charles**

*Come socialize and meet
other DHS parents!*

**Attendance
Prizes!**



PRESENTED BY THE PIONEER PARENTS ASSOCIATION

SUPPORT DUCHESNE ATHLETES

**ALL SPORT LOTTERY
FUNDRAISER**

\$1240 in weekly payouts

14 chances to win each week for 21 weeks

**Pro football game results
determine weekly winners**

Add your favorite DHS student as the
seller, they can win too!

Scan to
Purchase



**Questions?
Please email duchesnebooster@gmail.com**



Help Celebrate 100 Years of Duchesne in 2024

Duchesne turns 100 in 2024, and we want your input! As we prepare for this momentous occasion, we'd love for you to share your ideas on how we can celebrate by taking a short survey:

[TAKE SURVEY](#)



join us
**GRANDPARENTS
DAY**
NOVEMBER 9, 2022

CLICK TO REGISTER

DUCHESNE HIGH SCHOOL PRESENTS
**FALL FORE
DUCHESNE**
GOLF WITH DHS AT THE FALLS!



OCTOBER 14, 2022
11AM CHECK IN
12PM START

FOUR PERSON SCRAMBLE
\$125 PER PLAYER - \$500 FOURSOME

The Falls Golf Club
1170 Turtle Creek
Drive O'Fallon, MO
63366

CLICK TO REGISTER

[HTTPS://WWW.DUCHESNE-HS.ORG/FALLGOLF.HTML](https://www.duchesne-hs.org/fallgolf.html)