



DUCHESSNE HIGH SCHOOL

shaping leaders in mind, body and spirit

PARENT NEWSLETTER ~ NOVEMBER 1, 2019

CAMPUS MINISTRY

This has been another beautiful month full of sacraments and prayer in the community of Duchesne High School! We have had another retreat, and a reconciliation service. On October 15 we made a trip to the local St. Peter Parish for sophomore retreat. We had donuts, and games, small groups, and many thought-provoking talks. One thing that stood out to me during this retreat was the openness and willingness to enter into forgiveness and community amongst the sophomore class.

Last week we were blessed to have the sacrament of reconciliation offered to the community. There were twelve different priests from many of the local parishes around Duchesne who volunteered their time to speak with and heal the students and faculty's hearts. Each class of students had their own time to go to confession and take time out of their day to pray. We are very grateful for the generosity of our priests' hearts and schedules to hear our confessions.

Finally, as always, we had our chaplain, Fr. Eddie Voltz, come every Friday for the 7:10 a.m. Mass for the students and faculty alike. It is such a blessing that he is able to come every Friday and celebrate the sacraments with us! I humbly ask you to keep the Duchesne community in your prayers. As we move into November, please pray for the increase in the virtue of Faith for all of us here. Please know of my continued prayers for your students and all of you as well.

In Christ through Mary,

David Halfmann

THURSDAY MORNING ROSARY CLUB

When Mr. Steffen arrived at Duchesne this year he noticed the deep faith of the community and wondered how he could contribute to the school. Through prayer he decided to offer his classroom on Thursday mornings to pray the rosary. When the rosary is prayed, a special intention is made for our various athletic teams and clubs as well as their parents and grandparents. This is what makes the group unique. Mr. Steffen said it best; "We take time to pray for one another. Anytime we can meditate on the mysteries of our faith and ask the Blessed Virgin Mary for her intercession, it is one of the best reasons to get together as a faith community in prayer. See you Thursday mornings at 7:15 a.m. in room #45!"

Dates to remember:

Nov. 1	No School
Nov. 3	Open House
Nov. 4	No School Winter Sports Start
Nov. 6	Day 5 Late Start 9:15 a.m. Trading Post Open 7:15-9:30 a.m.
Nov. 7	Day 6 All State Choir
Nov. 8	Day 7 Grandparents Day
Nov. 9	Vendor & Craft Fair and Trading Post Mom's Shopping Day
Nov. 11	Day 8 Swim & Dive Starts
Nov. 13	Day 2 Late Start 9:15 a.m. Trading Post Open 7:15-9:30 a.m.
Nov. 15	Day 4 All School Mass
Nov. 16	All District Choir
Nov. 17	Speech Meet
Nov. 20	Day 7 Late Start 9:15 a.m. Trading Post Open 7:15-9:30 a.m.
Nov. 21	Day 8 Fall Play-Marquee
Nov. 22	Day 1 Fall Play Marquee
Nov. 23	Fall Play Marquee
Nov. 25	Day 2 Adopt-A-Family
Nov. 27	Day 4 Half Day-NO Late Start
Nov. 28 & 29	No School

TRADING POST NEWS



It's never too early to start Christmas shopping! The Trading Post is always open on Wednesday mornings from 7:15-9:30 a.m. and will also be open on Grandparents Day November 8 and the Winter Sports Kick Off on November 21.

CRAFT & VENDOR FAIR NOVEMBER 9

The Trading Post is teaming up with the Music Department on Saturday, November 9 for a pre-Christmas shopping experience. The Music Department will have a variety of crafts and vendors in the PAC, plus a snack bar in the cafeteria, from 8:30 a.m.-4:00 p.m.

The Trading Post will be located outside of the cafeteria. Pre-register by November 6 for \$5.00 and receive access into the Spirited VIP Breakfast Bar with mimosas, Irish coffee, fruit, and breakfast pastries (at no additional charge) from 7:30 - 9:30 a.m. and a 25% Trading Post discount.

If you did not pre-register, pay \$10 at the door between the hours of 7:30 - 9:30 a.m. and receive the Spirited VIP Breakfast Bar and 25% discount with DHS parent or alumni proof.

If you arrive from 9:30 to 10:30 a.m., the VIP Breakfast is closed and your discount drops to 15%. Arrival from 10:30 to 11:30 a.m. - the VIP Breakfast is closed and your discount drops to 10% with DHS parent or alumni proof. Registration ends Wednesday, November 6. [Click here to register.](#)

FALL PLAY



Duchesne Performing Arts presents *Ken Ludwig's Midsummer/Jersey!* Performances are Nov. 21-23 at 7 p.m. in the PAC.

Tickets go on sale Nov. 6. General admission is \$10.00. Students, faculty, and staff receive one free ticket. Seating is reserved. All performances are marquee events.

Contact Mrs. Velazquez at tvelazquez@duchesnehs.org for more information.

MUSIC DEPARTMENT NEWS

FESTIVAL OF PRAYER

Join the DHS Band, Choirs and Alumni on November 10 for the Festival of Prayer at 1:30 p.m. for a concert of prayerful music. If you are an alum and would like to sing or play, please contact Mrs. Owen at dowen@duchesne-HS.org or Mr. Adelman at aadelman@duchesne-HS.org as soon as possible.

HOLIDAY GREENERY

Do you love the Christmas scent of a fresh wreath or pine garland? The Music Department is selling 22 inch wreaths and 10 ft. pieces of garland. Contact your favorite music student or Mr. Adelman (aadelman@duchesne-HS.org). Wreaths and garland are \$20 each and we're taking orders until November 3.

CONGRATULATIONS!

Congratulations to Ellen Krussel, Andrew Maroney, and Sydney Ulrich. They auditioned and were chosen as members of the All District Choir. Andrew also qualified to audition for All State Choir. The All District Concert is on November 12. We are so proud of all of you!

FROM THE SPORT'S DESK CONGRATULATIONS ARE IN ORDER...



Congratulations to the Couganeers! The Duchesne and Lutheran St. Charles co-op softball team, the Couganeers, had a fantastic inaugural season. While their post-season run was cut short, they still managed to become AAA Conference Co-Champions! Congratulations to all that were a part of this historical season. Special congratulations to Macy Miller ('20) on being selected to the 1st Team All-District roster!

HEALTHY ROSTER

If you have not accepted the invitation to join Healthy Roster, please do so. Our athletic trainer, Morgan, uses this application to communicate with parents and coaches when an injury occurs during the season. It is incredibly easy to use and very helpful to track the progress of injured student athletes.

WINTER SPORT IMPORTANT DATES

Basketball tryouts begin on Monday, November 4 and Swim tryouts begin November 11. Any student trying out for these sports MUST have all of their pre-season paperwork turned in to the main office to participate.

If your child played a fall sport, we have all necessary paperwork, but need the \$100 sports fee turned in to the office prior to beginning tryouts. If you are not sure what you have turned in already, please check with Mrs. Mohrmann as soon as possible. All forms (except the MSHSAA PPE) can be filled out on our website www.duchesne-hs.org.

ATHLETIC BOOSTER MEETING

Mark your calendar! The next Booster meeting will be November 26 in the cafeteria.



WINTER SPORT KICKOFF

The basketball and swim parent meetings will be held on Thursday, November 21 at 6 p.m. **More details to follow.**

GIRLS SWIM & DIVE

There will be an informational meeting for Duchesne Swim and Dive on Tuesday, November 5 at 7:00 p.m. in the school cafeteria. Parents only please. Come and learn about all swimming has to offer and how we can make those early morning practices work to your advantage! Any questions please contact Ruth Dultz at rdultz@duchesne-hs.org or 314-346-2437.

FAN ETIQUETTE REMINDER



Please remember that you are always representing Duchesne at sporting events. Always show respect for officials, players (both teams), and opposing fans. Our students are held to this standard and we hope that our parents and fans will lead by example throughout the season. Thank you in advance for your cooperation with this.

DUCHESNE HOCKEY CLUB

The Duchesne Hockey Club is looking for assistance and support with their two major fundraising events, the Duchesne Hockey Club Program & Advertisement book and their Winter Trivia night. For more information, please visit their site at <http://www.duchesne-hs.org/ice.html>.



FALL 2019-2020 SENIOR ATHLETES

SOCCER



SEAMUS MCCORMACK

CROSS COUNTRY



ISAAC ROTHWEILER

FOOTBALL



FRONT: DYLAN WHITLOCK, CARTER WALTON, JACK ALLISON, NICK ZEHR, AND SAM SCHEFFEL

BACK: KARSTON EDMONDS, KYLE FISCHER, REECE ROTHFUS, MITCH DEGUENTZ, AND HANK THRO

GIRLS TENNIS



JADE TIMMONS, CAMILLA DELANO, LIZ MICHALEK, MARIA DELGUIDICE, AND LIBBY KLEITZ

SOFTBALL



MACY MILLER AND RILEY BROGAN

GIRLS GOLF



BAILEY STEFANSKI, MARISSA ARMBRUSTER, LILY GARDNER, AND SARA SCHENK

FROM THE GUIDANCE DEPARTMENT

COLLEGE FINANCIAL AID

Senior Parents! Remember that the FAFSA may be completed now. Often colleges require that the FAFSA be submitted prior to any determination of financial aid or scholarship consideration. FAFSA should be completed sooner rather than later.

COLLEGE CAMPUS VISITS

Campus Visits! Senior parents should be aware that November is a great month for a visit to a campus to help move the college search process toward completion. Use a weekend or use the "College Visit" form on the DHS website (student tab to "Forms") for a school day visit.

JUNIOR PARENTS!

Junior Parents! Mark your calendars for the "Junior Parent - College Planning Night", January 23, 2020, 6:30 p.m. in the DHS cafeteria. An admission representative from Mizzou will present information on all aspects of the college search process.

FROM THE DEAN'S DESK

ADOLESCENCE: THE BEST OF TIMES AND THE WORST OF TIMES

There is not a parent of a normal adolescent who hasn't asked him or herself the following questions: "Why does this child have to test me? Why does he never take no for an answer? Why is she so angry with me all of the time? Why does he not appreciate what we do for him?" What parent hasn't spoken those words? The good news is that these very questions tell us that our teen is NORMAL. It is in the nature of the adolescent to push our limits and to question our values.

Here are some tips to ensure that our teen's years are among the best of times for them and us.

- Let your teen know what your values are and live those values yourself.
- Set appropriate rules and be clear about consequences.
- Be consistent about carrying out the consequences.
- Set regular times for dates with your children, each parent with each child, preferably on neutral territory, away from the everydayness of home.
- During these dates, listen and don't preach. They know everything you're going to say anyway.
- **Never be afraid of disciplining for fear of losing their love. What they need most from you is respect.**

I hope these are helpful for you. Please never hesitate to contact me.

Kurt D. Clodius
Dean of Student Services

PUMPKIN CONTEST SAMPLES



FROM THE OFFICE OF ADVANCEMENT

GRANDPARENTS & HONORARY GRANDPARENTS DAY

Our annual Grandparents and Honorary Grandparents Day is Friday, November 8, from 10:00 a.m. to 11:30 a.m.

Registration has been extended to November 5. Please call Deb Carney at 636-946-2603 to register or for additional information.

ANNUAL PIONEER FUND – PARENTS MAKE A DIFFERENCE!

Please be watching for your annual Pioneer Fund letter in the mail. This is our annual ask for your tax-deductible donation.

We do not charge what it actually costs to educate each of your children, and we work hard to fundraise to help augment tuition through donations and events. The Pioneer Fund is the backbone of our budget and we need everyone to participate, at whatever level you can. It is the support you show with some type of gift that means as much as the actual dollar amount. Please pray on this and help as you can.

We appreciate all you do to help us in our mission of shaping leaders in mind, body, and spirit.

OPEN HOUSE

We are still looking for parent volunteers for our middle school Open House on Sunday, Nov. 3. If you are confident in helping to give tours with our student ambassadors, answering questions, and giving a parent's perspective, please contact Maddie Dodson at 314-397-3720 about signing up.

Open House runs from 10 a.m. to 2 p.m. (Parent volunteers are mainly needed in the afternoon at this point.) You will take an interactive tour with one of our friendly Student Ambassadors and share how Duchesne shapes leaders in mind, body, and spirit. As you help guide perspective students and their families, you will get the chance to see our students, teachers, and coaches; check out our student clubs and organizations; and experience our faith and traditions. You will help to demonstrate why Duchesne is more than just a high school – we are a family!

PIONEER AUCTION 2020

The winning theme for the 2020 Pioneer Auction is **Masquerade!** There is a lot of work to be done and we need YOUR help. The next auction meeting is November 13 at 6:30 p.m. in the library. Everyone is invited and encouraged to attend. Come with your friends, enjoy a cocktail and some snacks, and help us make the 2020 auction a success.



DUCESNE HIGH SCHOOL

mind, body and spirit

TO: Parents, Students, Teachers, Employees and Organizations Representing Parents, Students, Teachers and Employees of Duchesne High School

During the summer of 1988, the Archdiocese of St. Louis, the LEA (Local Education Agency) for this School, inspected each school building leased, owned or otherwise used as a school building by the Archdiocese to identify all locations of asbestos-containing building materials (ACBM) in accordance with the Asbestos Hazard Emergency Response Act (AHERA) and the AHERA Regulations. Samples were taken of all ACBM and suspected ACBM, analysis of the samples was performed, and the condition of the material was assessed. An Asbestos Management Plan was prepared from this information.

On October 12, 1988, the Archdiocese of St. Louis submitted a copy of this Management Plan to the State of Missouri, as mandated by AHERA and pursuant to the EPA "Asbestos-Containing Materials in Schools" regulations (40 C.F.R. Part 763, Subpart E) (the "AHERA Regulations").

The Management Plan is available in the Office of Building and Real Estate, Cardinal Rigali Center, 20 Archbishop May Drive, St. Louis, Missouri 63119-5738, and in the Administrative Office of this School located at 2550 Elm Street, St. Charles MO 63301.

The Management Plan shall be available at these locations during normal business hours, without cost or restriction, for inspection by the public, including teachers, other school personnel and their representatives, and parents. A reasonable cost may be charged to make copies of any portion of the Management Plan.

Response Actions to the ACBM may include removal, encapsulation, enclosure or repair. All Response Actions at this school are being performed in compliance with AHERA and the AHERA regulations, in accordance with Management Plan recommendations. If abatement activity has been conducted at your school, this information will be located at the "Response Action" tab of your School's Management Plan.

Periodic Surveillance of the ACBM is being performed every six months. The results of each of these inspections are available in the Management Plan located at the school and the Office of Building and Real Estate. Periodic Surveillance consists of a visual inspection of all areas that are identified in the Management Plan as ACBM or assumed ACBM. Any changes in the condition of the materials that require attention are noted by maintenance personnel and reported to the Office of Building and Real Estate, which initiates the appropriate response action.