

Lesson 2: Prepping, Packing & Panhandling

Instructions for **Companions on Your Journey**

Option 1:

- **Make copies** of the **Coloring Book Page 11** (see Student Documents and Activities column).
- **Read and discuss** the “**Companions of Philippine Duchesne on the Rebecca**” article (see Student Documents and Activities column) while the students color page 11.

Option 2:

- **Make copies** of the **Bubble Map Graphic Organizer Worksheet** and the **Philippine Bubble Map Graphic Organizer Worksheet** (see Student Documents and Activities column) for the students.
- **Read and discuss** the “**Companions of Philippine Duchesne on the Rebecca**” article (see Student Documents and Activities column). Every dream or journey is not accomplished alone or in isolation. One needs the guidance, instruction and encouragement of companions, mentors, and supporters. It takes a team to reach your dreams.
- **Discuss as a class:** Who are the companions needed to accomplish their dreams? How important is it to find their companions? Can their companions come from unexpected sources? **Brainstorm** who their companions may be and **write them on the board**.
- Using the **Philippine Bubble Map Graphic Organizer Worksheet**, have each student write the name of or draw an image of six of Philippine’s companions on her journey. You may wish to display on a white/smart board the list provided in the **List of Philippine’s Companions On Her Journey** (see Student Documents and Activities column).
- Using the **Bubble Map Graphic Organizer Worksheet**, have each student write their name or draw their picture in the center bubble. Have each student think of the companions they will have in their life as they follow their dreams. Have each student write the name of or draw an image of six of their companions on their life’s journey.
- **Enhancement to the activity**, have each student list a helping attribute, adjective or characteristic that makes each companion important to the student.