

Lesson 2: Prepping, Packing & Panhandling

Instructions for Philippine’s Packing List--Journal Frontloading Activity

1. Have students create a new tab or chapter in their journal with the title, *Prepping, Packing, and Panhandling*. Does the title generate any questions? What is the perception of panhandling in your classroom—do they know what the term means? Define and discuss possible applications to Philippine.
2. Ask students to close their eyes and then visualize their home and room thinking of all their personal possessions.
3. Inform students they will be making a list on the next clean journal page. Then with a stop clock set for 3 minutes, have students list as many of their personal possessions as quickly as possible.
4. Use a 1 – 5 (least valuable to most valuable) ranking system and have students quickly assign a number value next to each item.
5. Discuss, reflect and write about:
 - a. What items do you consider essential for your physical and emotional/spiritual well-being?
 - b. Are the valuable items also the most expensive? Explain why or why not.
 - c. After reflecting, are there important items you want to add to your list?
6. Now have students think about Philippine’s packing list as she prepares to journey from France to America and move away from her homeland forever. Philippine had to assess what was most important for survival and the success of the mission, and she packed accordingly.
7. Have students **view Philippine’s Packing List power point presentation**, and then give them the pdf version to study (see Student Documents and Activities column for both formats).
8. Compare and contrast YOUR essential list of possessions to Philippine’s packing list.
 - a. How are your lists similar? Different?
 - b. What tangible items do you think are missing from Philippine’s list that she did not write about in her letters? **Brainstorm** those items as a class. Add the conjectured possible items to the list, using a different color ink or highlighter to differentiate between the confirmed versus possible packed articles. Glue or staple Philippine's packing list into your journal.
 - c. Let’s face it, 200 years have passed since Philippine carefully chose her belongings. Which items are timeless and which items are impacted by advances in technology? What would Philippine’s list look like today vs. 1818?
 - d. Would you modify your list now after reviewing what a saint considers “important belongings?”
 - e. Review Philippine’s list again and have students generate 3-4 broad categories to organize all her belongings in their journals. Example:

Categories for Philippine’s Packing List

Personal	Emotional/Spiritual
Intellectual	Survival