

Lesson 2: Prepping, Packing & Panhandling

Instructions for Philippine's Companions for the Journey Crossing the Atlantic Ocean on the *Rebecca*

1. Generate ideas from students about being part of a “team” and what that means to them. Brainstorm quick examples of teams and teamwork.
2. Give students a copy of the article, *Companions of Philippine Duchesne on the Rebecca* (see Student Documents and Activities column).
3. What do they notice just looking at the article? Each of Philippine's companions are only given a paragraph description. There is much left to speculation about these women, except that they agreed to join the journey with little to no hesitation.
4. **Reading purpose:** Evaluate each of the companions and how they impacted Philippine's mission.
5. **Annotate:** For each paragraph describing one of Philippine's companions, have students circle important data and jot down questions or inferences in the margin.
6. Share annotations in small groups, encouraging students to add onto their own notes based on insights gained from classmates.
7. Continue working in small groups to discuss and then answer remaining queries about why working as a team and having companions through the trials and journeys of life is essential.