

## Lesson 1: Every Journey is Born from a Dream

### Pleased to Meet You St. Rose Philippine Duchesne!

Primary Objective: Students are introduced to Philippine. They develop a working knowledge of her zeal to become a missionary and travel from France to the harsh Missouri frontier, and of her life's work and impact on the St. Louis area.

- A. Choose one or more of the following introductory activities to share with students:
- a. View the power point presentation of St. Rose Philippine Duchesne's Life. Detailed presenter notes are provided for many of the slides.
  - b. Read and discuss the St. Louis Post Dispatch article, *Missouri's Pioneer Nun*, written in 1987 when Philippine was canonized (see *In the News*).
  - c. Read and discuss the short biography of St. Rose Philippine Duchesne.
  - d. Catholic school classrooms may consider "adopting" Philippine as their saint for the school year, incorporating prayers and classroom activities around her journey and love for the Sacred Heart of Jesus.

- B. After the introduction to Philippine, the following lesson 1 activities are recommended:

Note: RPD = Rose Philippine Duchesne

- a. Instructions for Introducing RPD with Coloring Book Puzzle Pieces (the questions in this activity could also be used in an ongoing bicentennial journal)
- b. Instructions for 3 Flat Philippine Activities Introducing RPD
- c. Instructions for K to 2 Philippine Overcomes Obstacles