



# PIONEER PRESS NEWSLETTER

MARCH · 2026

## The Kairos Experience



The Class of 2026 had an unforgettable experience on Duchesne's first-ever Kairos Retreat from March 10 through March 13 at the Pallottine Renewal Center in Florissant, Missouri. (Page 6)

## UPCOMING DATES

**April 2 - 6**

Easter Break: No School

**April 9**

Baseball Marquee

**April 14**

Sophomore Retreat

**April 22**

One Acts in PAC

**April 24**

Pioneer for a Day

**April 28**

All-School Mass

# From the Assistant Principal of Student Life



**Debi Turner '96**  
Assistant Principal of  
Student Life

Let's talk about something students are often convinced isn't true: nothing online is private. Not Snapchat. Not "private" stories. Not accounts with usernames that look like someone fell asleep on the keyboard. If it can be seen, it can be screenshotted. And if it can be screenshotted... it's no longer private—it's just pending distribution.

From a school perspective, I can share this with confidence: almost every student issue I deal with traces back to something that was "just posted."

## Think Before They Post (Because We See the Aftermath)

And yes, it's almost always followed by, "But it was only on Snap."

Unfortunately, "only on Snap" has proven to be one of the least accurate phrases in modern teenage vocabulary.

What starts as a quick post, joke, or comment has a way of spreading far beyond its intended audience—and sticking around much longer than expected. Screenshots travel fast, and context rarely keeps up.

A helpful guideline to share with your children: if they wouldn't be comfortable with you, their grandparents, their teachers, the entire Duchesne community, or a future employer seeing something, it's probably not worth posting. Because in many cases, those are exactly the audiences that eventually see it.

Another piece that often gets overlooked is how different communication feels online. Students who are thoughtful

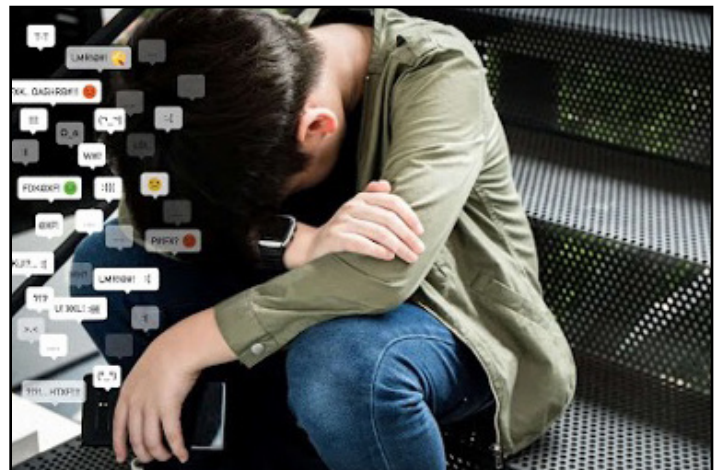
and kind in person can come across very differently behind a screen. It's easier to be sarcastic, harsh, or impulsive when you don't see the immediate reaction. Unfortunately, there is always a real person on the other end—and the impact is real, even if the post was "meant as a joke."

Parents, this is where you come in. Not with a one-time lecture (we all know how those go), but with ongoing conversations. Ask what they're posting.

Talk about what's appropriate. Remind them that their online presence is not temporary—it's a running record.

Because in reality, their digital footprint is doing exactly what footprints do... following them everywhere.

A quick pause before posting can prevent many difficult conversations later—some of which, I can assure you, are happening in school offices more often than anyone would like.



# From the Principal

As we draw nearer to the Easter holiday, we're reminded of the joy and hope at the center of our faith—the Resurrection of Jesus. It's a season that invites us to slow down, reflect, and be renewed by the promise of new life.

With the extended Easter break, we hope this is also a time for your family to enjoy being together—whether that's sharing a meal, traveling, or simply taking a break from the usual routine. These moments of connection are so important and reflect the love and community that are at the heart of this season.

Here at school, we see that spirit of hope in our students each day—in their kindness,

their growth, and the way they support one another. Easter is a beautiful reminder of the importance of faith, family, and community, all of which you help make possible.

Thank you for the many ways you partner with us in guiding and supporting your children. We are truly grateful.

Wishing you and your family a joyful, restful, and peaceful Easter season.

Kurt Schneider '93  
Principal



**Kurt Schneider '93**  
Principal

# A Great Month for Pioneer Pride!



Girls Varsity Basketball Team



DHS Diamondline

It has been an incredible few weeks for our students! From the court to the stage and the gym floor, Pioneer Nation has much to celebrate. Here is a look back at our recent successes!

### Lady Pioneers Claim District Title

The Lady Pioneers brought home the Class 2 District 4 Championship! In a hard-fought battle against Valle Catholic, the Pioneers secured a 43-36 victory. Congratulations to the team on a phenomenal season and for showing us all what Pioneer determination looks like.

### Diamondline Shines at State

Our Diamondline dance team headed to Kansas City for the Missouri State Dance Team Championships, competing in Division 1. They represented Duchesne High School with excellence, earning:

2nd Place: Mix Category

6th Place: Pom Category

Beyond the choreography, the team was honored with the Division 1 Community Service award for their philanthropic efforts, spearheaded by their new philanthropic officer, Maeve McCune. Furthermore, several team members earned academic awards for maintaining GPAs between 3.5 and 4.0. Way to end the season on a high note!

### Music Success!

Our performers hit all the right notes at their March 7 music competition.

Cici Anderson (Freshman): Gold Medal, Clarinet Solo

Natalie Buie (Senior): Gold Medal, Solo Vocal

Royal Impressions: Gold Medal, Vocal Ensemble

### Back-to-Back State Champion

Let's hear it for Ella Shaw '28!

(continued on page 4)



Ella Shaw '28



Ryan Broeker '29



The Royal Impressions



Allie Knoebel '27

## Pioneer Pride

(continued from page 3)

For the second consecutive year, Ella has won the State Championship for her floor routine. We are incredibly "Pioneer Proud" of her dedication and consistency in remaining at the top of her sport.

### Gymnastics Medal Winner

We are PIONEER PROUD of you,

Allie Knoebel '27! Our girl took 3rd place in the All-Around competition at the Missouri State Gymnastics Meet!

### Wrestling Accolades

Congrats to Ryan Broeker '29 for winning most outstanding JV Wrestler and ranking No. 1 in the state for his weight class in the JV category!



# Joining the Conversation

## A Duchesne Senior's Look at the Plight of Undocumented Migrants



Senior Isabel Rakers gives her presentation at the Old Shrine of St. Ferdinand in Florissant, Missouri.

### Eric Seiffert Director of Marketing

Duchesne senior Isabel Rakers presented an in-depth look at immigration law and the plight of undocumented migrants in the United States on March 21 at the St. Ferdinand Shrine in Florissant, Missouri. The presentation served as the culmination of her Scholars Academy Capstone Project.

Her talk focused on debunking common misconceptions, such as the notion that all migrants are a drain on the national economy, while highlighting personal testimonies about the dangers of traveling to the border.

“Stories like this reflect a much bigger reality,” Rakers explained. “Many people from Guatemala, Honduras, and El Salvador ... leave home because it is not a matter of choice, but one of necessity.”

The project evolved significantly throughout the fall. Rakers originally planned a workshop on naturalization, but her direction shifted after connecting with Sister Cathy Doherty, SSND, who worked with the Immigration Task Force through the Archdiocese of St. Louis.

“I could hear the passion in her voice,” Sister Doherty said. “I wanted to help her broaden her perspective and explore the realities beyond what the media often portrays. My hope was to share with her ‘the people’—their fears, their reasons for choosing America, and the hopes they hold for their children.”

As part of her research, Rakers traveled to Nuevo Progreso, a Mexican border town. She described it as a community of stark contrasts, marked by a high police presence and normalized homelessness. “It was

a very eye-opening experience,” she said.

This firsthand perspective was balanced by an interview Rakers conducted with a Border Patrol agent, who described the “delicate line” agents walk between law enforcement and humanitarian care.

“They see the desperation, the trauma, the courage, and the fear up close,” Rakers noted. She learned that agents often face overwhelming situations, such as days when thousands of arrivals strain the system. Her research highlighted agents administering medical care for dehydration before processing individuals for detention, as well as caring for children who were separated from their families—not by the U.S. government, but by the smugglers who brought them in.

Renee Moore, who teaches the capstone class, praised

the depth of the research. “We are extremely proud of Isabel,” Moore said. “She was able to take a very sensitive topic and create an informative talk that presented both sides of the issue effectively.”

Attendees to the talk were offered an opportunity to donate to local organizations dedicated to helping immigrants. As of March 26, Rakers has raised \$400.

Rakers concluded her presentation by urging her audience to remember the human element of the immigration debate.

“The question is not simply how we manage our borders, but how we choose to treat human beings who stand at them,” she said. “My hope is that we choose compassion, wisdom, and humanity as we move forward.”

# Growing Closer to God — and Each Other

## Duchesne Sends Seniors on First-Ever Kairos Retreat



Students read and reflect during Mass at the Pallottine Renewal Center.

### **Eric Seiffert** Director of Marketing

Duchesne seniors experienced what is sure to be the first of many annual Kairos Retreats at the Pallottine Renewal Center in Florissant from March 10 through March 13.

The experience, organized by Duchesne Campus Minister Mike (Fitz) Fitzgerald, consisted of a series of talks led by Duchesne students, faculty, and Father Chris Holtmann that built upon one another to help attendees take a critical look at

their lives and where they are headed.

“Kairos is a form of time,” said Fitzgerald. “It is Greek for the opportune time when things come to a head. It serves as a wake-up call to consider what’s going on in the world and what is important to them.”

Bringing this brand new tradition to Duchesne has been a goal of Fitzgerald’s since he was hired in the spring of 2025. President Paul Boschert ’77 saw this as a great opportunity for the class of 2026.

“I was invited to attend the three-and-a-half day retreat and witnessed firsthand what this meant to almost every student that attended,” he said. “Many enjoyed being in small groups with classmates they were not close to during their four years at Duchesne.”

“It was a really good bonding experience for our whole class,” said senior Reilly McCormack. “We got really close to God and to each other. We opened up in ways we had never done before.”

The program took months of planning, with students stepping up to lead significant portions of the itinerary.

“We had meetings starting in December,” said senior Gabi Ulrich. “We figured out who was doing what, and planned pretty much the whole retreat.”

“Leading the retreat itself was really eye-opening,” she continued. “I got to learn a lot more about our classmates and strengthen our relationships.”

The event ended with a closing ceremony on Duchesne’s



Senior Leonardo Reyes Marquez congratulates senior Eve McGowan following her speech.

campus, where students stood in front of their parents and shared their retreat experiences and how much they appreciated the opportunity to attend.

It was the culmination not only of an impactful few days, but an impactful four years as these seniors prepare to enter the next chapter of their lives in just a few short months.



## Gospel of Life Prayer Breakfast With Archbishop Rozanski

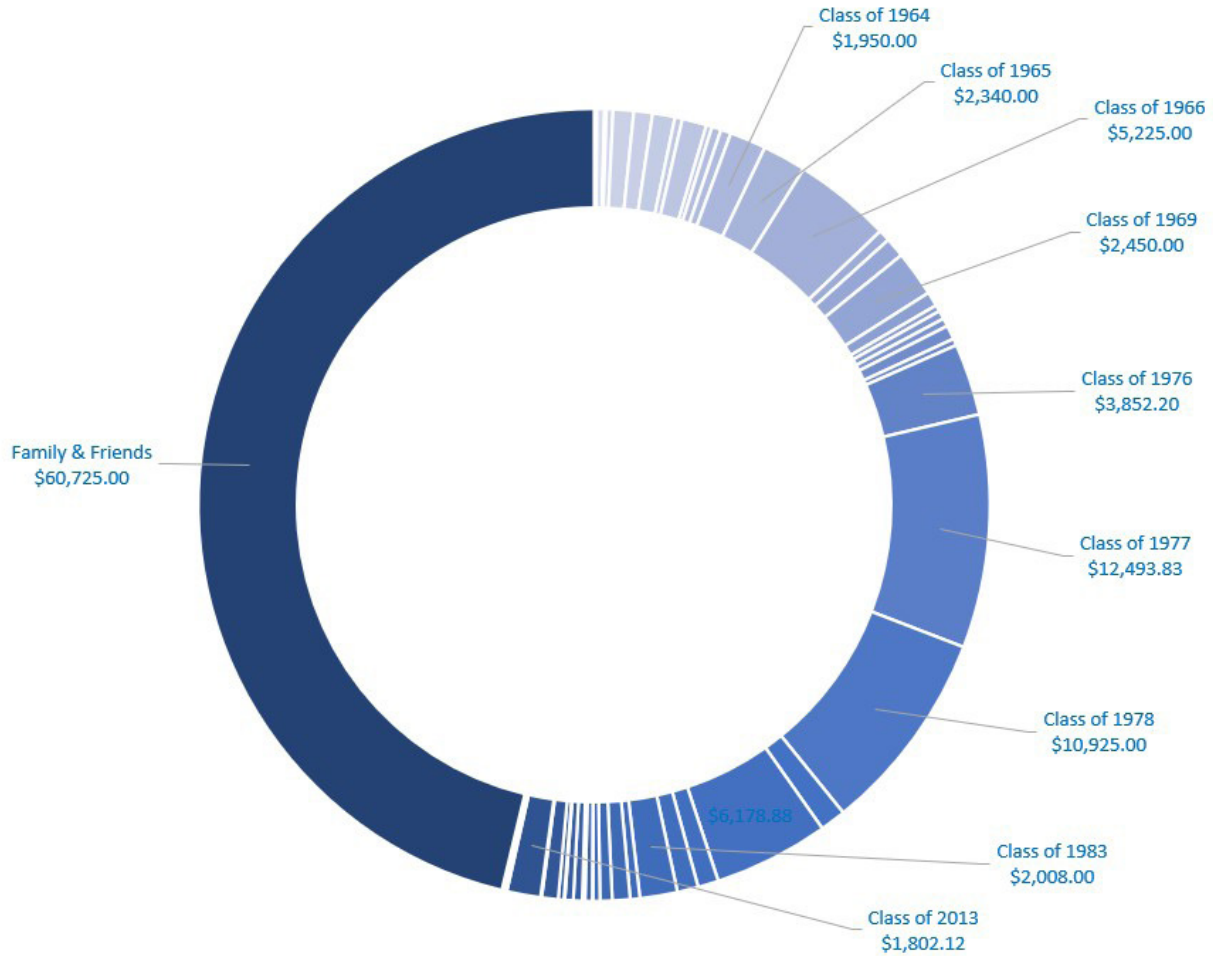


Members of the Duchesne High School community attended the Archbishop's Gospel of Life Prayer Breakfast on Wednesday, March 25, 2026 at the Ritz-Carlton in Clayton. The event included at 6 a.m. Rosary followed by a 6:30 a.m. Mass celebrated by Archbishop Mitchell T. Rozanski, breakfast, and keynote speech by Dr. Tim Gray, President of the Augustine Institute.

Pictured in the photo are: Paul Boschert '77, President of Duchesne High School, Duchesne Soul Officers Athena Zimmerman, Tiana Newman, Sarah Smith, Archbishop Mitchell T. Rozanski, Duchesne Soul Officers Katie Wieman, Audrey Hoffman, Bridget Caldwell, Kurt Schneider '93, Principal of Duchesne High School, and Theresa Ruzicka '78, member of the Duchesne Board of Directors.



# Pioneer Class Challenge

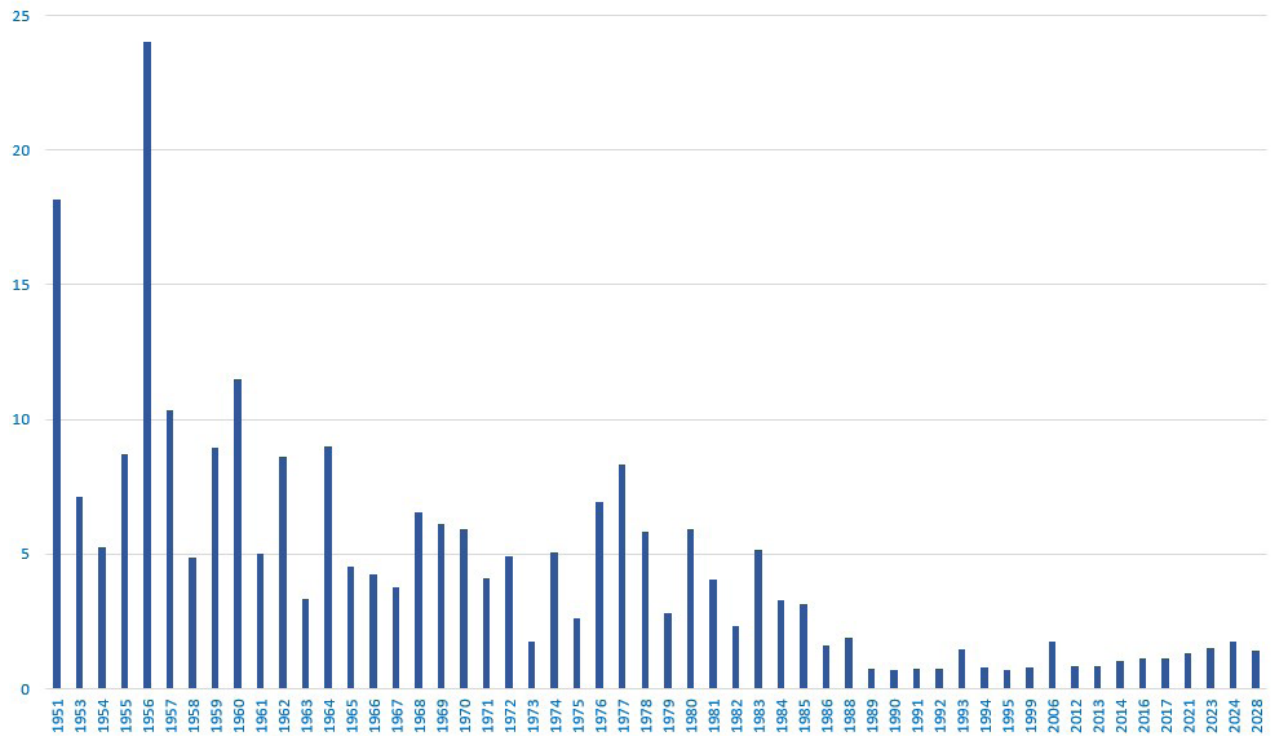


1951	\$150.00	1960	\$1,315.00	1972	\$452.12	1985	\$948.32	1994	\$450.00	2021	\$21.04
1953	\$400.00	1961	\$303.40	1973	\$436.35	1986	\$650.00	1995	\$50.00	2023	\$25.00
1954	\$100.00	1962	\$500.00	1974	\$753.94	1988	\$382.01	1999	\$300.00	2024	\$25.00
1955	\$353.94	1963	\$550.00	1975	\$363.11	1989	\$25.00	2006	\$880.00	2028	\$52.12
1956	\$1,100.00	1967	\$625.00	1979	\$1,380.42	1990	\$384.00	2012	\$63.00		
1957	\$1,000.00	1968	\$1,057.56	1981	\$1,109.38	1991	\$100.00	2014	\$50.00		
1958	\$1,200.00	1970	\$775.00	1982	\$1,123.91	1992	\$50.00	2016	\$50.00		
1959	\$400.00	1971	\$350.00	1984	\$518.91	1993	\$471.04	2017	\$50.00		

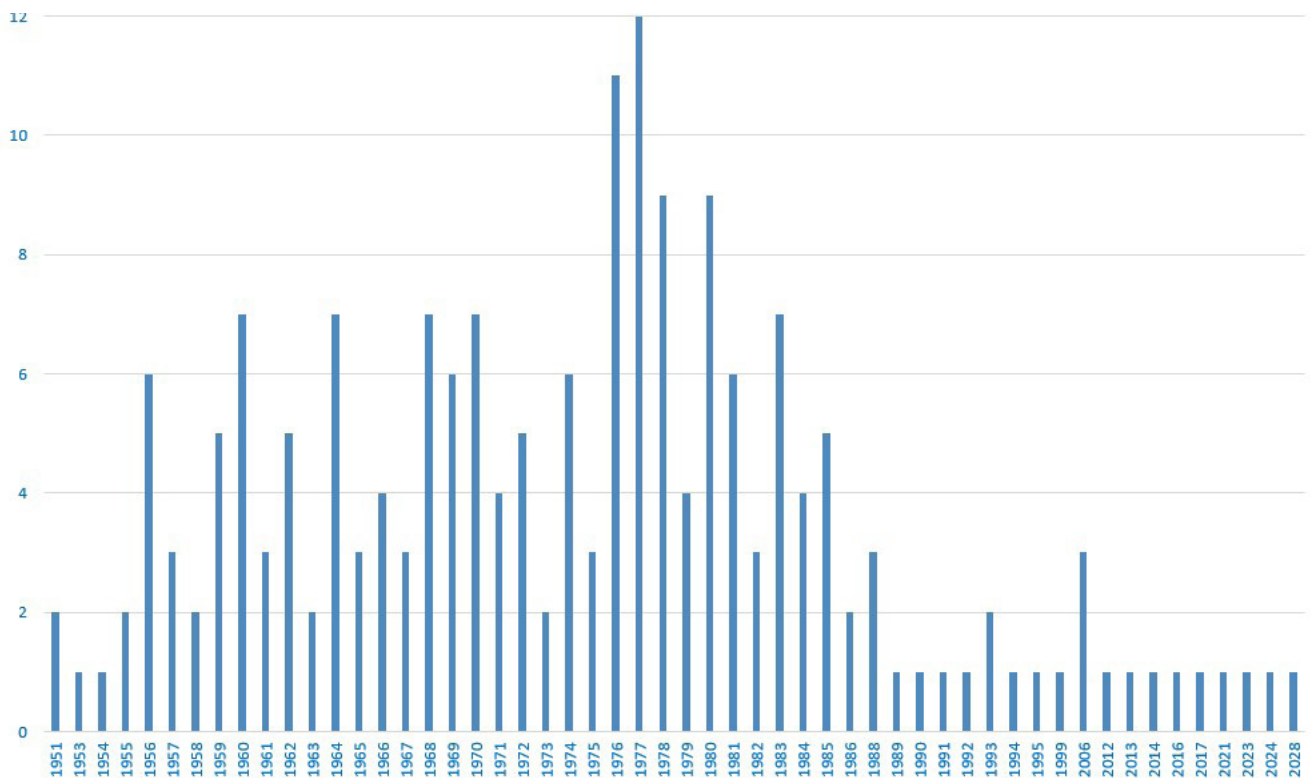
These totals are of gifts received as of 3.20.26  
 \$131,294.60 raised in the fiscal year so far!\*

\*unaudited number

PERCENTAGE OF LIVING CLASSMATES WHO HAVE DONATED TO PIONEER FUND 7/1/25 - 3/20/26



NUMBER OF CLASSMATES WHO HAVE DONATED TO PIONEER FUND TO DATE



# ATTENTION SENIORS!



Scan the below QR codes to submit your information for graduation.



Scholarship Form



Final Transcript



## SENIORS! SENIOR PARENTS!

Help us honor the Class of 2026! Please use the QR code on the enclosed flyer to complete your 2026 Grad's important information about their college acceptance, scholarships, and final transcript requests. This information will be used for the grad-

uation program. We want to brag about our awesome students, but we need the details from you in order to do so! Please turn in all of your information by Friday, April 17. If you have questions, please contact [pfink@duchesne-hs.org](mailto:pfink@duchesne-hs.org). Thank you!

**NB** Nick Brockmeyer  
Attorney at Law

 **FastLane**™

# 2026 DUCHESNE DREAM RAFFLE

Win your choice of \$150,000 toward new home construction by Fischer & Frichtel Homes OR a single payment of \$120,000 in CASH! PLUS there are 24 other CASH prizes up for grabs!



Only \$25 per ticket! Ticket sales end on May 15!

Sponsored by



# Pioneer for a Day

**ATTENTION  
6TH & 7TH GRADERS!**

Join us on Friday, April 24,  
from 8:00am–2:30pm for  
a day of Pioneer

# FUN!

Events Include: Ice Breakers, Prayer,  
STEM Activities, Robotics, Aviation,  
Music, Athletics, Experiments, and  
Learning about our House System!  
Lunch Provided. Tours Available for  
Parents at Drop Off.

**EXPERIENCE DUCHESNE IN  
MIND, BODY, & SPIRIT**



*Register*

# LEAVES

ALUMNI FEATURES AND UPDATES

DO YOU HAVE A FEATURE STORY IDEA  
FOR OUR **LEAVES SECTION?**

**LET US KNOW!**

Email your idea to Eric Seiffert at  
[eseiffert@duchesne-hs.org](mailto:eseiffert@duchesne-hs.org).

## Forever Friends



The Class of 1980 meets monthly at the Knights of Columbus on Westbury Drive in St. Charles. Thanks to Mike Boschert for his chronicling of the goings-on and for this fun photo from the most recent gathering. In Front: Cathy Clever; Row 2: Blaise Felder, Julie (Luetkenhaus) Boschert, Laurie (Kirchoff) Strickland, and Karen (Mergenthal) Thompson; Row 3: Mel Little, Mike Sommer, Kathy (Zeisler) Kellogg, Janice (Brune) Beckmann, and Karen (Ryan) Jackson; Back Row: Steve Barteau, Neal Sudbrock, George Gould, Steve Sigman, Mike Boschert, Frank Wetter, and Brad Kelch. Not pictured: Susan (Jordan) Carroll.



— DHS Alumni in the Kansas City Area —  
WE'RE HEADING WEST TO SEE YOU!

*Please Join Us for an  
Evening with Your Alma Mater*

SATURDAY, APRIL 18, 2026, 4-7PM

*Fellowship, Food, and Fabulous News about Duchesne High School at  
TOM'S TOWN, 1701 MAIN ST, KC, MO 64108*

*Come learn about all the new and exciting happenings at Duchesne!*

HOSTED BY DHS PRESIDENT PAUL BOSCHERT '77

*Please RSVP by Monday, April 6, to  
[bwilliamson@duchesne-hs.org](mailto:bwilliamson@duchesne-hs.org) or 636.757.6931*



*St. Louis*  
**CREMATION**



REUNITING WHERE AT ALL BEGAN — CLASS REUNIONS AT DUCHESNE HIGH

*In the Works...*

**CLASS OF 2001's 25th Reunion** – more info coming soon.

*Save the Date...*

**35th Reunion for the CLASSES OF 1990 and 1991** – at Duchesne on Saturday, September 12, 2026

The Classes of 1990 and 1991 are planning to have their 35th reunion at Duchesne on Saturday, September 12, 2026. Nikki (Zander) Holmes '90 and Kara (Rufkahr) Reynolds '91 are organizing. More info to come.

**CLASS OF 1986's 40th Reunion** – at Duchesne on Saturday, September 19, 2026

Class of '86!! – Save the Date – plans are underway for a wonderful evening together, which will include tours of our alma mater, heavy hors d'oeuvres, music, and dancing. Watch the Facebook page at Duchesne Class of 1986. Jen (Horton) Silvestri and Cheryl (Pollack) Johnson are organizing.

**15th Reunion for the Classes of 2010 and 2011** – at Duchesne on Friday, October 2, 2026

Jenna (Friedel) Graham '11 and Ty Loewenstein '10 are organizing. Details to come.

**CLASS OF 1981's 45th Reunion** – at Duchesne on Saturday, October 10, 2026

The Class of 1981 will hold their 45th reunion at Duchesne on Saturday, October 10, 2026. John Orf are Pat (Suter) Sommer are among the organizers. More info to come.

**CLASS OF 1976's 50th Reunion** – at Duchesne on Saturday, October 17, 2026

The Class of 1976 will hold their 50th reunion at Duchesne on Saturday, October 17, 2026. Charlie Smith is again organizing this class's reunion, in conjunction with Molly (O'Brien) Reilly. More info to come.

*What About Your Class?*

**ALUMNI REUNIONS – is it time to plan yours?**

Does your class year end in a 1 or 6 (such as 2001 or 1996)? It's time to plan your reunion! Contact Nancy (Rothermich) Kohl '78 at [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) or 636.757.6925 to begin the conversation! Duchesne can provide you with a class list and save-the-date postcards for those groups that have their event at DHS. You will have use of our Garden Courtyard, Chapel for Mass, and/or PAC for your get-together, dinner, dancing, games, etc. Smaller groups may want to gather in our Esports Center. A self-guided tour outline will be available for your guests.

**FOLLOW US ON SOCIALS!**

**HL HOLLANDER LEGAL ESTATE PLANNING**

**2060 Digital** + **HB Hubbard BROADCASTING**

*21st Annual* **KAREN for a KAUSE**  
5K and 1-Mile Run/Walk and Children's Mad Dash

*Karen Weidinger*  
FOUNDATION

Honoring Karen Weidinger  
Duchesne High School  
CLASS OF 1984

**SATURDAY, MAY 9, 2026**  
Frontier Park, St. Charles, MO

Online registration now open at:  
[karensfoundation.org](http://karensfoundation.org)

**USE DISCOUNT CODE DHS26 FOR A \$5.00 DISCOUNT**



# CAMPUS MINISTRY

## \$6,400 Raised During Mission Week!

Duchesne Meets and Exceeds \$5,000 Goal!



Students raced around the track during the March 22 Mission Week kickoff event — a Color Run held in Frank Barro Stadium .

Duchesne High School students and faculty celebrated Mission Week from March 22 to March 27, participating in a series of themed dress days and community-building activities.

The week began Sunday, March 22, with a Color Run. The kickoff event also featured a BBQ, cornhole, shaved ice and a variety of baked goods. On Monday, the school held its Junior Ring ceremony and host-

ed adoptable puppies for students to visit during lunch.

Midweek activities shifted to themed attire and special treats. Tuesday was designated as a gray and black dress day, featuring "dirty sodas" for the student body. Wednesday included a Grandparents Rosary and a breakfast provided by Chris Cakes of St. Louis. Students dressed in pink and red for the occasion.

The celebration continued Thursday with students wearing green attire. Mission Week concluded Friday, March 27, with a school-wide pep rally. Students showed their school spirit by dressing in blue and white and enjoyed refreshments from Smoothie King.

When all the funds were added up, Duchesne had surpassed its \$5,000 goal with a final total of \$6,400.



**LEFT:** Students pay a fee for snuggle time with puppies from Diamonds in the Ruff Rescue. **RIGHT:** Students and their grandparents enjoy breakfast and test their pancake-catching skills with Chris Cakes of St. Louis.



**Mike Deluvia**

**Duchesne Board  
of Limited Jurisdiction  
Catholic Identity  
Committee**

Hello Pioneers!

I hope your Lent has been fruitful so far, and I pray your fervor for prayer, fasting, and almsgiving increases throughout the remainder of the season. As Holy Week approaches, I thought we might take a look at a very special Holy Thursday in the life of our patron saint, Rose Philippine Duchesne.

It was the year 1806. Philippine was 36 years old. She received permission from St. Madeleine Sophie Barat that she could spend the entire night in adoration before the Blessed Sacrament. In a letter written the next morning, Philippine describes her joy to Mother Barat:

"O Blessed night, when I believed a second time that my prayer [to become a missionary] was heard! I am convinced of it, dear Mother, because of the pure joy I taste and the firm confidence I have... The twelve hours of the night passed very quickly and without fatigue, even though I knelt the whole time."

She describes her meditation, a vision of her mission to bring the Gospel to the New World:

"All night long I was on the new continent, and I traveled in such good company. First, I carefully collected all the blood of Jesus from the Garden, the Praetorium, and Calvary; I

took possession of Him in the Blessed Sacrament, and holding it close, I carried my treasure everywhere to spread it without fear of its being exhausted. Saint Francis Xavier helped me to make this priceless seed bear fruit, and from his place before the throne of God he prayed that new lands might be opened to the light of truth. Saint Francis Regis was the travelers' pilot, with many other saints eager for God's glory."

Notice her devotion to the Blessed Sacrament and the sufferings of Jesus. Also noteworthy are her friendships with St. Francis Xavier and St. Francis Regis, both known for their missionary discipleship.

More than two centuries later, we are invited to join in the celebration of Holy Week, the most important time of our liturgical season. The Lord desires to pour out graces during the liturgies and devotions we undertake during this special week.

Have you made plans for how you are going to spend Holy Week this year? Perhaps you could attend the liturgies on Holy Thursday, Good Friday, or the Easter Vigil. You might join in Morning Prayer or Stations of the Cross held at many of our parishes. On Holy Thursday, we can imitate Philippine and adore our Lord at the Altar of Repose after Mass in the evening. Which saints will you call upon to join in your devotions that week?

Our Lord awaits you during this special week ahead. His infinite love for you and me is never made clearer than when we remember His Passion, Death, and Resurrection. Our patroness, Philippine, cherished the Holy Weeks of her life. I encourage you to follow her example, and I pray that we all draw nearer to the Lord this year.



# FROM THE SPORTS DESK



**Renee Moore '86  
Athletic Director**

Spring Sports is an exciting time of year for high school athletics. It marks the third season of the high school calendar, but as the days get longer and the weather gets warmer, our coaches and athletes have a renewed sense of enthusiasm as they enter their respective playing fields.

## CONGRATULATIONS, AND THANK YOU SENIORS!

Winter sports/activities recognized the following seniors and their families for their dedication to Pioneer Nation.

**Class of 2026 Marching Band/Drumline:**  
Kelly Godfrey

**Class of 2026 Boys Basketball:**  
Drew Heischmidt and Mike Shaw

**Class of 2026 Cheerleaders:**  
Natalie Hubert, Katie Kraatz,  
and Eve McGowan

**Class of 2026 Diamondline:**  
Brooke Buechel and Reilly McCormack

## CONGRATULATIONS TO OUR BASKETBALL TEAMS!

Congratulations to our Lady Pioneers, who were crowned the 2025-2026 Class 2 District 4 basketball champions. The girls advanced to the sectional round of play, where they were defeated by Bismarck High School 46-56. The girls return all players to next year's team, so there's much to look forward to!

We are very proud of the following players and coaches who earned recognition from the Missouri Basketball Coaches Association.

- Class 2, District 4 All-District girls team:
  - Kylie Bryan '27
  - Molly Glosier '27 – also earned District Player of the Year
  - Emmie Nikodym '29
- Coach Caleb Johnson Class 2 District 4 Coach of the Year
- Class 3, District 5 All-District boys team:
  - Zack Goodman '28
  - Drew Heischmidt '26
- Coach Wade Bouslog Class 3 District 5 Coach of the Year

## CONGRATULATIONS TO SENIOR JACKSON NIKODYM!

Jackson was selected as Duchesne's 2026 Post-Dispatch Scholar Athlete. Jackson carries a 4.7 GPA, is a baseball state champion, and has been a leader for our baseball program the past 4 years. Jackson will be continuing his education and play baseball next year at Mineral Area College. Jackson will be recognized prior to the Cardinals baseball game on Tuesday, May 5.

## JOIN THE FUN!

Please join the Duchesne Athletic Boosters as we host our Spring Barbeque with all proceeds to benefit Duchesne Athletics! The BBQ will be held on Saturday, April 18, on the stadium side of the Duchesne parking lot. Delicious pork steaks, chicken, hamburgers, and bratwurst are grilled up by our Duchesne BBQ crew and served drive-up style! For information on how you can get involved, email Kevin and Jason at: [duchesnebooster@gmail.com](mailto:duchesnebooster@gmail.com).

## LOOKING AHEAD THIS SPRING

- Friday, May 8 – Multi-Sport State Champions Celebration – 5:30pm Pre-game Ceremony honoring the 1995 State Champion Girls Cross Country team (30 years) and the 1996 Boys Golf State Champion Team (30 years); 6pm Varsity Girls Soccer Game vs St. Charles High; Halftime Ceremony honoring all of our six Girls State Champion Soccer Teams, especially 2016 (10 years). State Champ Athletes – please sign up through the QR code elsewhere in this newsletter. Alumni and families are all invited to the post-game celebration in Duchesne's Garden Courtyard!
- Thursday, April 30 – Senior Night for Volleyball, E-Sports (pre-match)
- Tuesday, May 5 – Senior Night for Baseball (pre-game)
- Wednesday, May 6 – Senior Night for Soccer (pre-game); Golf, Tennis, and Track (halftime)

### SPRING TRYOUT DATES FOR 2025-26

• Cheer Tryouts are M-F, April 13-17, from 3:00pm-4:30pm in the PAC. For more information contact head coach Becky Severs at [bsevers@duchesne-hs.org](mailto:bsevers@duchesne-hs.org)

• Hockey Cheer Tryouts are W-F, April 15-17, from 4:30pm-5pm in the gym mezzanine. For more information contact head coach Jenn Pontus at [jennpontus@yahoo.com](mailto:jennpontus@yahoo.com)

• Diamondline Tryouts are M-W, April 20-22, from 6pm-7:30pm in the gym. The parent-student meeting will be held on Monday, April 13, at 6pm. For more information, contact head coach Anita Borgmeyer at [aborgmeyer@duchesne-hs.org](mailto:aborgmeyer@duchesne-hs.org)

### LOOKING AHEAD TO THIS SUMMER

- Check out the summer

camp dates for all our sports and activities, for both high school and grade school students! <https://duchesnehighschool.regfox.com/2026-duchesne-summer-camps>

• Details to come soon on summer fitness center hours and work-out programs with Emerge Fitness & Training

• Duchesne Dead Period: August 2-9, 2026. No sport or activity practices or meetings

• First Fall Practice Date: Monday, August 10, 2026

### STAY INFORMED

As spring weather can bring unpredictable conditions, please remember to stay up to date on practice and game adjustments/cancellations:

• Follow Athletics\_DHS on X for real-time updates

• Visit Big Teams-Schedule Star for full schedules and weather-related changes



*Join Us as We Celebrate Our State Champ Teams!*

**— FRIDAY NIGHT, MAY 8, 2026 —**

*DHS State Champ Athletes and Families from the teams noted above are invited to celebrate your memories and success on this special evening.*

Championship team recognitions pregame at 5:30 and at halftime of the 6pm Girls Soccer Game vs St. Charles High at Fank Barro Stadium.  
Pioneer Nation Celebration in the DHS Garden Courtyard postgame!  
**State Champ Athletes: please register through the QR code before Friday, May 1.**  
Contact [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) or call 636.757.6925 with questions.

*All Alumni Are Welcome — It's a Great Day to be a Pioneer!*



## DIAMONDLINE TRYOUTS

IN-PERSON TRYOUTS  
DATES- APRIL 20-22, 6:00PM-7:30PM (DHS GYM)  
PARENT & STUDENT MEETING MON, APRIL 13 6PM

Complete the tryout form or email Anita Borgmeyer: [aborgmeyer@duchesne-hs.org](mailto:aborgmeyer@duchesne-hs.org)

Tryout Form






## DUCHEсне CHEER TRYOUTS

April 13-17  
Monday-Thursday 3-4:30pm  
Friday 3-4pm  
Performing Arts Center  
Duchesne High School



• Show Spirit  
• Be confident  
• HAVE FUN!!

Become the newest  
member of the  
**Duchesne High School Cheerleading team!!**

30 EGGS \$25

50 EGGS \$45

100 EGGS \$75

# EGG MY YARD

LET DHS DO THE WORK FOR YOU!

SATURDAY, APRIL 4 AFTER 6:00PM

EGGS WILL BE STUFFED WITH CANDY AND STICKERS!

ALL PROCEEDS BENEFIT OUR DUCHESNE HIGH SCHOOL ROBOTICS PROGRAM!

## PREGNANCY IS A BIG DEAL

- 1 NOT SURE YOU'RE PREGNANT?**

Get a free, medical-grade pregnancy test at Birthright St Charles
- 2 DON'T GUESS! CALL/TEXT BIRTHRIGHT 636-724-1200**

It's private, free, and judgment-free.
- 3 WHAT HAPPENS NEXT?**

You'll meet with a counselor who actually listens.
- 4 TOGETHER, you'll figure out your next steps — no pressure, just support.**

**Birthright**  
of Charles  
2125 BLUESTONE DR.  
636-724-1200

# DUCHESNE HIGH SCHOOL

# SUMMER CAMPS

DISCOVER YOUR POTENTIAL IN AN ATHLETIC CAMP!

EXPLORE NEW INTERESTS IN AN ACADEMIC CAMP!

MAKE THIS A SUMMER TO REMEMBER!

2550 Elm Street, Saint Charles, MO | 636.946.6767 | www.duchesne-hs.org



# Hockey Cheer Tryouts

**April 15 - 17 from 4:30 - 5:00pm in the Mezzanine**

The Duchesne Hockey Cheer team is a ground-bound, fun, energetic squad that supports the Duchesne Hockey Club. We are a club sport that allows students to participate in cheerleading as well as other activities during the Winter season.

**Contact Coach Jenn at [jennpontus@yahoo.com](mailto:jennpontus@yahoo.com) for more info**

**ONE LOVE** **ONE LOVE**

*Raising Funds with Raising Cane's*

➤ Learn more about how we can support you at [CanesAndCommunity.com](http://CanesAndCommunity.com)

**Raising Cane's**

Minimum donation amount will be 15% of the Net Sales\* donated directly to your organization. Not valid on kiosk orders. \*Net Sales\* means the purchase price of food and beverages sold during the event to customers who (i) mention your organization when ordering in person or (ii) use the code RCFUND96 when ordering online or in the Raising Cane's app. The purchase price excludes special or limited time offers, discounts, returns, and taxes. \*Net Sales\* does not include gift cards and retail merchandise purchases.

f i t d RaisingCanes

# THOMSON

PRINTING, INC.

*Creative & Graphics*

(636) 946-3525

[info@thomsonprinting.com](mailto:info@thomsonprinting.com)

Headquarters  
601 N. Kingshighway  
St. Charles, MO 63301

St. Louis Office  
9374 Olive Blvd  
Olivette, MO 63132