

DUCHESNE HIGH SCHOOL PARENT NEWSLETTER

FEBRUARY • 2023

Science Olympiad

12 YEARS OF SENDING STUDENTS TO STATE



Duchesne's Science Olympiad Team placed fifth place over all at the January 21 regional competition, and will send students to state for the 12th year in a row. PAGE FOUR

UPCOMING SCHOOL DATES

February 13

No school. Faculty Professional Development Day

February 14

Senior Night for basketball teams, diamondline, cheer squad, band, and swim team.

February 14 (cont.)

Free ACT math prep every Tuesday 2:50 p.m. - 3:50 p.m.

If you are interested, please email Mrs. Long (klong@duchesne-hs.org)

February 17

No school. Faculty Retreat

February 20

No school. President's Day

February 22

Ash Wednesday and All-School Mass. All are welcome.

From the Dean's Desk



Debi Turner '96
Dean of Students
Assistant Principal of Student Life

Happy Super Bowl Weekend! Snacks, commercials, half-time shows, more snacks, and I think there is also a football game at some point- all the ingredients for a really fun Sunday!

Unpopular Opinion- I will be cheering for the Eagles. I said what I said. (Backstory- I attended college near Kansas City during the "Greatest Show on Turf" era and to this day can't get myself to cheer for the Chiefs. My college roommate was a die-hard Chiefs fan which only pushed me to like them less.)

Whichever team you cheer for on Sunday, I hope you have a great weekend!

Just a reminder that students do not have classes on Monday 2/13 so the teachers can meet for Professional Development.

CONGRATULATIONS TO THE FOLLOWING STUDENTS FOR EARNING ACADEMIC HONORS FOR SEMESTER 1!

Cum Laude (3.25 – 3.74)

Logan Archer
 Joey Bentrup
 Maggie Boschert
 Ava Buckner
 Ben Burke
 Lucas Clever
 Lindsey Emberton
 Joey Faulkner
 Joe Feigenblatt
 Paul Freygang
 Declan Fuchs
 Dane Gaither
 Emily Goodman
 Michael Graham
 Dave'Yana Harding
 Nolan Hermann
 Will Hermann
 Maddie Hill
 Logan Kanady
 Ethan Kissell
 Molly Knobbe
 Andrew Knott
 Elizabeth Kraatz
 Trevor LaFata
 Liliana Magers
 Miranda Malcom
 Madisyn McCarthy
 Brady McCormack
 Gavin Moffitt
 Charles Owen
 Cheyenne Page
 Anthony Painter
 Dylan Paulette

Philip Peltis
 Taylor Potter
 Gabe Rakers
 Nina Reckamp
 Landon Rehagen
 Owen Rehagen
 Hannah Rimmey
 Patrick Rone
 Oliver Rothweiler
 Thomas Saguto
 Violet Schneider
 Abigail Skees
 Katie Stockhausen
 Noah Stribling
 Gabe Weber

Magna Cum Laude (3.75-3.99)

Jackson Bierbrauer
 Jeremy Cochrum
 Nick Hill
 Brody Keathley
 Alejandro McAndrews
 Tanner Meers
 Genevieve Moeller
 Reagan Potts
 Tyler Purvis
 Sam Weinman
 Jacob Wilkison

Summa Cum Laude (4.0 or higher)

Mary Kathleen Beckemeier
 Kannon Booth

Sierra Borgmeyer
 Trevor Boschert
 Beth Bricker
 Cole Brockmeyer
 Cameron Brown
 Charlie Burks
 Claire Burks
 Brennan Carpentier
 Dianne Collins
 Lucas Daleo
 Rebecca Delano
 Maddie Denker
 Alyssa Diamond
 Faith Dunn
 Tori Edler
 Luke Fink
 Cecilia Fleri
 Alyssa Forti
 Hailey Gancarz
 Fernando Garcia
 Breanna Goff
 Samantha Gold
 Lillian Hamm
 Heidi Hartwig
 Aaron Hermann
 Anna Hertelendy
 Katie Hill
 Alice Hoffmann
 Ailsa Ide
 Sam Jost
 Grace Kelly
 Will Kielhofner
 Mason Kimberlin
 Ryan Knoebel

Ryan Kundel
 Nathan Lehne
 Katie Leick
 Lauren Lesinski
 Taylor Meers
 Kate Mikkelsen
 Logan Murrish
 Mackenzie Nave
 Nathan Nickel
 Ella Nikodym
 Jackson Nikodym
 McKenna O'Brien
 Corrine Oppelt
 Charles Owen
 Samantha Petty
 Reese Piskulich
 Josh Purvis
 Emily Rattini
 Isabel Rakers
 Tessa Reichert
 Erin Reichert
 Caleb Schneider
 Maggie Schneider
 Emma Schroyer
 Grace Schueler
 Sydney Shaw
 Rachael Small
 Tyler Small
 Mary Smith
 Noah Stribling
 Maria Thornton
 Michael Weber
 Julia Winkeler

Pioneer Speaker Series: Part Three

Capt. Kelly (Boyd) Hunsel '00

The third speaker in our Pioneer Speaker Series covered the body aspect of our mission to grow students in mind, body, soul, and spirit. On January 26, we hosted Kelly Hunsel, a fire chief from the St. Charles Fire Department and an alumni from Duchesne.

Mrs. Hunsel discussed CPR, AED usage, basic first aid, and how to know if a person is overdosing. Following the Damar Hamlin medical emergency, it is easy to see the necessity of being prepared for emergencies. Students and teachers were able to learn how to respond safely and effectively to an emergency that could occur at any time or place. Emergency preparedness is necessary to keep our school community and all communities safe. We are thankful that Capt. Hunsel visited our school and shared great insight on a life and death issue.



Student Spotlight: Katelyn Mikkelsen '24



This month's Student Spotlight is Kate Mikkelsen '24!

Kate is a member of the Mayor's Youth Advisory Task Force (MYATF) in St. Charles. The MYATF offers local youth the chance to develop leadership skills, and to make a difference in their community through projects that celebrate St. Charles.

As a member of the Mural Committee, Kate will assist in selecting local artists who will compete to create a mural design that best encompasses what makes St. Charles great.

Kate has an article in the latest issue of STC Now Magazine about her involvement in the Mayor's Youth Advisory Task Force in St. Charles!

Check out her article on page 22 here: <https://www.stcharlescitymo.gov/Archive/ViewFile/Item/184>

For more information on the MYATF Mural Competition, scan below.



We're proud of you Kate!

Victory at Regionals for Science Olympiad

Duchesne's Science Olympiad Team placed fifth overall at this year's regional competition, with one pair of students advancing to state. Regionals took place on January 21 at Lindenwood University, with 16 teams competing.

Sophomore Ailsa Ide and junior Emily Rattini grabbed a 1st place victory in the "Write It, Do It" category. The pair will go on to the state competition to be held at on April 1 at Missouri State University.

This is Duchesne's 12th year participating in the Science Olympiad Regionals, and have consistently found success there.

"Every year we have sent either the whole team, or groups of students to state," said Duchesne Science Olympiad Moderator Glennis Zielger. "There's never been a year where we have not been to state in one form or another."

Science Olympiad is a team competition featuring 23 events in various scientific disciplines. Students typically work in groups of two, and face a combination of written tests and hands-on challenges in their chosen category.

Teams can advance all the way to the national level, and with only one shot to go to state it's often referred to as the "track meet" of science. Duchesne's region includes schools in St. Louis City as well as St. Louis,



Ailsa Ide and Emily Rattini placed 1st in their category "Write It, Do It." They have qualified for the state competition on April 1, 2023.

St. Charles, Lincoln, Warren, Jefferson and St. Francis counties.

As Ailsa explains, it's a group that offers something for everyone.

"I would encourage anyone who is considering joining Science Olympiad to do it. Even if you think you're not smart enough, there's a place for you on the team," she said. "If you can build, memorize facts, or are really good at guessing, there's an event for you."



Trading Post News

Effective Friday, Feb. 10, The Trading Post will only be open on Fridays, from 12 p.m.- 4 p.m. for student shopping. We will be open the evening of Wednesday, Feb. 15, during Freshman Registration.

Students submitting designs for spring sports should still submit the design to Mrs. G and the process will remain the same. Watch the website for special shopping days in the spring, and all will be notified of the special hours.

Mayoral candidates visit Duchesne



Mayor Dan Borgmeyer (top) and mayoral candidate Venetia Powell each spoke with Duchesne seniors this month to emphasize the importance of voting.

Two more mayoral candidates visited Duchesne's seniors to talk about civic duty, and answer questions about issues facing the St. Charles community this month.

Current St. Charles mayor and mayoral candidate Dan Borgmeyer and mayoral candidate Venetia Powell both spoke at Duchesne on January 23 and February 2 respectively. Each covered a variety of topics ranging from tourism,

the crime rate, and the quality of the city's water. Both candidates stressed the importance of getting involved.

"It is important to pay attention and be involved because the future world you live in will be directed by those who do," said Borgmeyer. "You don't have to be consumed with it but at least be aware of it. Your right to vote is your voice in your future. Use it well."

Last month Duchesne hosted mayoral candidate Tom Besselman who covered many of the same topics.

The discussions were facilitated by the St. Charles Rotary and Kiwanis clubs in an effort to encourage young voters to get to the polls.

After the primary election on Tuesday, February 7, voters chose Mayor Borgmeyer and Besselman to go on to the mayoral election in April.

Guidance Office

TESTING DAY - MARCH 28

Juniors, sophomores, and freshmen will each take a version of the ACT on March 28. Juniors will take the ACT with results that may be used for college admission and scholarship purposes. Sophomores and freshmen will take a practice ACT (PreACT) Testing is scheduled for 7:45 a.m. until dismissal from school at approximately 11:30 a.m. Seniors are excused from classes that day.

SENIOR PARENTS!

Important Graduation Informa-

tion Needed! College scholarships earned should be entered on our DHS website: <https://www.duchesne-hs.org/2023cacceptance.html> Enter scholarship information for each college separately. The deadline to submit this information is April 14.

ADVANCED COLLEGE CREDIT TRANSCRIPTS!

Instructions for requesting UMSL and SLU transcripts for advanced college credit earned at DHS will be provided at graduation practice on May 17.

JUNIOR PARENTS!

Junior parents should be aware that this spring is a great time for road trips to visit college campuses. Contact the college admission office in advance, then use the DHS [“College Visitation Form”](#) on our website (“Student Life” tab, then “Forms and Resources” on the left, then to “College Visit”). Submit a signed copy to Mr. Tinsley. Forms are also available by request in the guidance office. Contact Mr. Tinsley if you have any college-related questions.

Celebrating Black History Month



Karmen Mays
Director of Community,
Inclusion, and Wellness

Celebrating and learning about Black History Month, a nearly century-old celebration of 400 years of African American culture, matters now more than ever. In many schools and communities, Black history only encompasses the freedom of enslaved

Africans, the civil rights movement, and the elections of Vice President Kamala Harris and President Barack Obama. While historic, these events are just a small part of Black history in America. Black history is often narrowed to a few milestones, which may lead many to believe that African Americans played a tiny role in the formation of the U.S. and that racism no longer exists in this country.

Black History Month can be traced back to 1926, when Carter G. Woodson founded Negro History Week. Woodson, a Black American scholar, had many goals when he established the commemorative week in February. He wanted to expose school children to African American history. But he also wanted to encourage social equity for African Americans by showing people how much of the country's growth stemmed from Black contributions — not only through slavery, but also through countless creative, academic,

professional, athletic, political, and cultural contributions.

What can we do today? Well, that depends on how we value our own cultural competence and the importance of teaching our children how to celebrate various cultures. Conversations with your child(ren) and research is a great start. If you would like information on ways to support and/or celebrate, here is a helpful website <https://www.salesforce.org/blog/8-ways-to-honor-black-history-month/>.

Duchesne has launched its own “DHS Diversity Club” to acknowledge cultures and celebrate throughout the year with various activities. The DHS Diversity Club will begin this school year by celebrating Black History Month followed by other celebrations. Please join us this month as activities are forthcoming. If you are interested in joining the “DHS Diversity Club” or would like to support please see Mrs. Mays or Mrs. Turner. We are one! Thank you!

The 2023 Dream Home Raffle is underway!

The 28th Annual Dream Home Raffle, sponsored by Fischer & Frichtel Homes, kicked off on February 1. The Dream Home Raffle features a grand prize of \$150,000 credit toward a new F&F home or \$120,000 in cash – in addition to 19 other cash prizes – all of which will be drawn live on our Facebook page on Friday April, 28!

Tickets are \$100 each. We will only sell 3,500 tickets. What great odds! Tickets can be purchased online through our DHS website, through a seller, or through the Advancement office over the telephone or in person. We accept cash, checks, money orders, and credit cards. Ticket sales end on Friday, April 21.

This is the largest fundraiser for our school each year and is a particularly exciting one because you can win prizes just for selling! The more tickets you sell, the more chances you have to win a seller's prize!

In addition to cash incentives for sellers, there is an Early Bird drawing for buyers, and **a special drawing for free and half off tuition! For every three tickets you sell, you will receive one entry into the free full tuition drawing. For every one ticket you sell, you will receive one entry into the half off tuition drawing.**

DATES TO REMEMBER

March 10, 2023 - EARLY BIRD DEADLINE – to be eligible for the Early Bird drawing, tickets **MUST** be turned in by 6:00 p.m., postmarked by 3/10, or purchased online before midnight.

March 31, 2023 - EARLY BIRD DRAWING - FIVE tickets will be drawn. Buyers of these tickets will receive \$1,000 each. No need to be present. Winners will be contacted by telephone and posted on the DHS website and Facebook page. Early Bird winning



tickets are entered back into the mix for the Grand Prize drawing and 19 cash prize drawings.

March 31, 2023 – FREE FULL AND HALF TUITION DEADLINE – to be eligible for the tuition drawings, tickets **MUST** be turned in no later than 6:00 p.m., postmarked by 3/31, or purchased online before midnight.

April 14, 2023 – FREE FULL AND HALF TUITION DRAWING - ONE name will be drawn for free full tuition and ONE name for half off tuition. No need to be present. Winners will be contacted by telephone and posted on the DHS website and Facebook page.

April 21, 2023 – TICKET SALES END – to be eligible for the Grand Prize and 19 cash prize drawings, tickets **MUST** be turned in by 6:00 p.m., postmarked by 4/21, or purchased online before midnight.

April 28, 2023 - GRAND PRIZE DRAWING - FIRST PRIZE (\$150,000 credit toward new construction by Fischer & Frichtel Homes or \$120,000 one-time cash payment) and a total of 19 second through fifth place CASH PRIZES will be drawn live on our Face-

book page. No need to be present. Winners will be contacted by telephone and posted on the DHS website and Facebook page.

If you have further questions regarding this EXCITING event, please call the Advancement Office at 636.946.2603. Let's make this year another successful Dream Home Raffle Sell Out!

Join the class of 1986 at their St. Patrick's Day-Themed Sock Hop!

Proceeds to benefit
Duchesne's Garden Project

The Class of 1986 invites all Parents, Friends, and Alumni of DHS to join them at the St. Patrick's Day-themed Sock Hop in the PAC on Friday, March 10. Their proceeds will benefit Duchesne's Garden Project. Food and drinks are included. Learn more and sign up here: <https://www.eventbrite.com/e/531364183577>

FROM THE SPORTS DESK

SNAPSHOTS OF CELEBRATION



CONGRATULATIONS

Congratulations to Boys Head Basketball Coach Wade Bouslog for recording his 300th career win. Coach Bouslog accomplished the feat on January 13, 2023 at Lutheran St. Charles in his 20th year as the Pioneer head coach.

Congratulations to Cam Lee on becoming only the 12th boys basketball player in Duchesne history to join the 1000 point club. Cam accomplished the feat with a baseline jumper at Winfield High School on January 18, 2023.

Congratulations to the 2022 Duchesne football team receiving their Missouri State Semifinalist Trophy during a pregame ceremony prior to the boys basketball game on January 20, 2023.

Congratulations to the following senior athletes on signing their college letter-of-intent on February 1, 2023.

Josh Baker-Mays

Football – Northwestern
Oklahoma State University

Maya Dowdy

Soccer – Benedictine University

Kahlek Jackson

Football – Iowa Wesleyan

Denereio Jarriett

Football – Iowa Wesleyan

Rob Jones

Football – Culver Stockton College

Cameron Lee

Football – Northwestern
Oklahoma State University

Miranda Malcom

Soccer – Southern Illinois University at Edwardsville

Jamond Mathis

Football – Southern Illinois University at Carbondale

Genevieve Moeller

Bowling – Missouri Baptist University

Paul Myles

Football – Iowa Wesleyan

Ella Nikodym

Volleyball – Missouri Baptist University

Amorion Oliphant

Football – Iowa Wesleyan

Greg Powell-Kenner

Football – Greenville University

Nina Reckamp

Basketball – Ave Maria University

We wish these 14 Pioneer students well as they take their athletic talents to the collegiate level.

THANK YOU

Thank you to the 2003 Girls Basketball State Championship Team for celebrating their 20th anniversary of their state championship and the Alumni Pommers for a great halftime performance during the Varsity Girls and Boys basketball game vs Bishop DuBourg on January 20, 2023. Over 200 alumni, family and friends enjoyed a wonderful evening at the game topped off with a post-game social at the Knights of Columbus.

WINTER SPORTS SCHEDULES

Winter sport schedules are available on our website via the google calendar or you can follow on Arbiter (a scheduling software used by many high schools). The Goo-

gle Calendar will update in real time when there are changes made to games/meets/matches. Please follow us on Twitter (@Athletics_DHS) for daily schedules and updates on practice and games that will be altered by the weather.

SPRING SPORTS TRYOUTS

Spring sports tryouts begin February 27. All athletes must have a current MSHSAA sports physical on file in order to try out. Please contact Mrs. Bryan if you have any questions at dbryan@duchesne-hs.org

Athletes are expected to attend ALL practices/tryouts for their sport, including practices/games that will take place over spring break. Please consider this commitment prior to planning trips or vacations during spring break.

TRYOUT INFORMATION

BASEBALL

Coach Mike Hollander

Contact Info:

mholander@duchesne-hs.org

Tryout Info: February 27 through March 3 from 3:15 – 5:30 p.m.

Monday – All Levels meet on the gym mezzanine

Tuesday-Friday – Varsity at Blanchette 3:15 – 5:30 p.m. / JV at school from 3:00 – 5:00 p.m.

Tuesday/Thursday – Pitchers/Catchers meet on the gym mezzanine from 5:45 – 7:15 a.m.

Wednesday – Pitchers/Catchers

(continued on page 10)

(continued from page 9)

meet on the gym mezzanine from
7:00 – 8:30 a.m.

Saturday – Varsity at Blanchette
from 10:00 a.m. – 1:00 p.m.

Location and times are subject to
change due to weather. Be prepared
to practice inside or outside so
please bring cleats and tennis shoes.
For the most up to date information
please follow
@duchesnebaseball on twitter.

GOLF BOYS

Coach Denny Walters

Contact Info:

dwalters@duchesne-hs.org

Tryout Info: February 27 - March 3
at 4:00 p.m.

Monday/Wednesday/Friday at
Bogey Hills and Tuesday/Thursday
at Cave Springs

SOCCER GIRLS

Coach Pat Turner

Contact Info:

pturner@duchesne-hs.org

Tryout Info: February 27 through
March 3 from 3:30 – 5:30 p.m. at
DHS stadium. Location and times
could be adjusted due to weather.

Be prepared to practice inside or
outside so please bring soccer shoes
and tennis shoes.

TENNIS BOYS

Coach Doug Becker

Contact Info:

dbecker@duchesne-hs.org

Tryout Info: February 27 through
March 3 from 3:00 – 5:00 p.m. at
DHS Tennis Courts.

TRACK AND FIELD

Coach Vince Morris

Contact Info:

vmorris@duchesne-hs.org

Tryout Info: February 27 through
March 3 from 3:15 – 4:45 p.m.
at DHS Stadium Track. We will
also begin morning workouts on
Monday, February 27th
at 6:30 a.m.

VOLLEYBALL BOYS

Coach Maddie Krause

Contact Info:

mkrause@duchesne-hs.org

Tryout Info: February 27 through
March 1 from 3:30 – 5:30 p.m. in
DHS Gym.

HEALTHY ROSTER

If you have not accepted the invitation to join Healthy Roster, please do so. Our new athletic trainer, Katy Mueller, uses this application to communicate with parents and coaches when an injury occurs during the season. It is easy to use and very helpful to track the progress of injured student athletes. Katy also uses this program for tracking physicals and other medical documents.

Katy would like to eliminate paper copies of physicals or pre-participation documents as parents have access to their child's Healthy Roster account with the ability to upload documents themselves. Once uploaded to healthy roster, Katy receives a notification email and the ability to review the document and accept it.

Please contact Katy for questions regarding this program.

Katy Mueller

Duchesne Athletic Trainer

athletictrainer@duchesne-hs.org

HIGH SCHOOL SPORTS PHYSICALS

SSM Athletes are welcome to get sports physicals with their personal physician or with Health Sports Medicine offering FREE sports physicals for our athletes. You must be a current student at Duchesne to be eligible for this free physical. You **MUST** sign up at the **SSM Health Sports Medicine: 2022 High School Sports Physicals** website.

ATHLETIC BOOSTER NEWS

Congratulations to the Stockhausen's on winning the Platinum Booster Membership for 23'-24'.

(continued on page 11)

UPCOMING DAB EVENTS

April 22, 2023

Duchesne Athletic Boosters
Spring BBQ Fundraiser

11 a.m. - 5 p.m.

MARK YOUR CALENDARS

February 10

7:00 p.m. – Coronation Court and Basketball game vs St. Dominic

February 14

Senior Night for Girls-Boys Basketball / Cheer / Dance / Pep Band / Girls Swim / Wrestling

February 27

First allowable practice day for spring sports.

(continued from page 10)


The DAB will be hosting its annual drive-thru barbeque on April 22nd from 11 a.m. - 5 p.m.

We would also like to thank the DHS community for their overwhelming support of our fundrais-

ers! We were able to make some incredible purchases this year for our athletes and coaches. The Duchesne Athletic Boosters are the lifeline to our athletic programs at Duchesne, so your involvement is important to us. Becoming a member of the Duchesne Athletic

Boosters is a great way to meet and socialize with other parents in our community and pursuing a common goal in supporting our athletic program benefiting our children at Duchesne.

[JOIN THE BOOSTERS](#)



March 2nd - 4th
7 p.m. in the PAC

2023 DUCHESNE HIGH SCHOOL
DREAM HOME RAFFLE
MAIN DRAWING APRIL 28, 2023

WATCH THE DRAWING
LIVE ON FACEBOOK!

Early Bird Deadline
is March 10
Early Bird Drawing
is March 31

Ticket Sales
End April 21

Your choice of \$150,000
toward a new home
by Fischer & Frichtel Homes
OR \$120,000 in cash (one payment)

fischer & frichtel
A Homebuilding Legacy Since 1945

DUCHESNE ALUMNI & FRIENDS



We invite you to a:

ST. PATRICK'S DAY SOCK HOP

Sponsored by the Class of 1986 to benefit Duchesne's Garden Project - a space for education, prayer, and gatherings

WHEN: MARCH 10, 2023
WHERE: DHS PAC - OLD GYM
TIME: 7PM-10PM

Delicious Food, Drinks, & Dancing

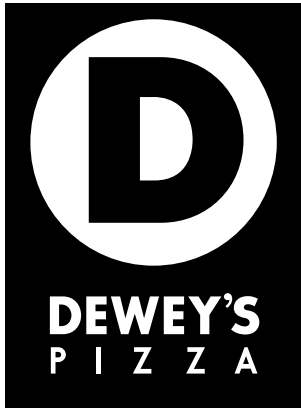
TICKETS: \$50/PERSON

BUY TICKETS HERE:
[HTTPS://WWW.EVENTBRITE.COM/E/531364183577](https://www.eventbrite.com/e/531364183577)

Questions? Call Jen Silvestri (702) 826-0789

☘ ☘ ☘

DUCHESNE'S PPA PRESENTS
Dewey's Pizza Night
March 21st from 4 pm - 9pm



Come out and join us for a slice!
Dewey's will give back 10% of sales to Duchesne PPA.

Dewey's Pizza, 1520 S 5th St., Saint Charles, MO 63303

DUCHESNE HIGH SCHOOL

SUMMER 2023 CAMPS



Register today!

