

TRYOUT INFORMATION

BASEBALL – Coach Mike Hollander

Contact Info: mhollander@duchesne-hs.org

Tryout Info: February 27 thru March 3 from 3:15 – 5:30 p.m.

Monday – All Levels meet on the gym mezzanine

Tuesday-Friday – Varsity at Blanchette 3:15 – 5:30 p.m. / JV at school from 3:00 – 5:00 p.m.

Tuesday/Thursday – Pitchers/Catchers meet on the gym mezzanine from 5:45 – 7:15 a.m.

Wednesday – Pitchers/Catchers meet on the gym mezzanine from 7:00 – 8:30 a.m.

Saturday – Varsity at Blanchette from 10:00 a.m. – 1:00 p.m.

Location and times are subject to change due to weather. Be prepared to practice inside or outside so please bring cleats and tennis shoes. For the most up to date information please follow @duchesnebasebal on twitter.

GOLF BOYS – Coach Denny Walters

Contact Info: dwalters@duchesne-hs.org

Tryout Info: February 27 - March 3 at 4:00 p.m.

Monday/Wednesday/Friday at Bogey Hills and Tuesday/Thursday at Cave Springs

SOCCER GIRLS – Coach Pat Turner

Contact Info: pturner@duchesne-hs.org

Tryout Info: February 27 thru March 3 from 3:30 – 5:30 p.m. at DHS stadium. Location and times could be adjusted due to weather. Be prepared to practice inside or outside so please bring soccer shoes and tennis shoes.

TENNIS BOYS – Coach Doug Becker

Contact Info: dbecker@duchesne-hs.org

Tryout Info: February 27 thru March 3 from 3:00 – 5:00 p.m. at DHS Tennis Courts.

TRACK AND FIELD – Coach Vince Morris

Contact Info: vmorris@duchesne-hs.org

Tryout Info: February 27 thru March 3 from 3:15 – 4:45 p.m. at DHS Stadium Track. We will also begin morning workouts on Monday, February 27th at 6:30 a.m.

VOLLEYBALL BOYS – Coach Maddie Krause

Contact Info: mkrause@duchesne-hs.org

Tryout Info: February 27 thru March 1 from 3:30 – 5:30 p.m. in DHS Gym.

HEALTHY ROSTER

If you have not accepted the invitation to join Healthy Roster, please do so. Our new athletic trainer, Katy Mueller, uses this application to communicate with parents and coaches when an injury occurs during the season. It is easy to use and very helpful to track the progress of injured student athletes. Katy also uses this program for tracking physicals and other medical documents.

Katy would like to eliminate paper copies of physicals or pre-participation documents as parents have access to their child's Healthy Roster account with the ability to upload documents themselves. Once uploaded to healthy roster, Katy receives a notification email and the ability to review the document and accept it.

Please contact Katy for questions regarding this program.

Katy Mueller – Duchesne Athletic Trainer athletictrainer@duchesne-hs.org

HIGH SCHOOL SPORTS PHYSICALS

SSM Athletes are welcome to get sports physicals with their personal physician or with Health Sports Medicine offering FREE sports physicals for our athletes. You must be a current student at Duchesne to be eligible for this free physical. You MUST sign up at the ***SSM Health Sports Medicine: 2022 High School Sports Physicals*** website.