



DUCHESNE HIGH SCHOOL

SEPTEMBER 2018



	MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
HOMESTYLE FRESH		Chicken, Parmesan Crusted Breast	Sandwich, Southwest Pork Fritter	Taco Salad in Edible Bowl	Fish, Baked Lemon Pepper Tilapia
EXTRA EXTRA		Potatoes, Sophie Vegetable Medley	Garlic Noodles Stir Fry Vegetables	Rice, Spanish Corn, Seasoned	Pasta, Orzo with Parmesan Peas, Sautéed Sugar Snap
VEGETARIAN	NO SCHOOL	Manicotti with Alfredo Sauce	Margherita Pizza	Cheese Ravioli with Tomato Pesto Cream	Spinach Quiche
DAILY CHEF SPECIAL		Cheese Sticks, Mozzarella Pizza Stick	Pasta, Cannelloni Ravioli, Louisa Toasted Beef	Bosco Breadstick Pretzel Bites with Cheese	BELLACINO'S PIZZA BLT Wrap
WRAP IT UP! OFF THE GRILL		Buffalo Chicken Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Chicken Caesar Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Rancher's Chicken Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Classic Fresh 1/4# Burger Hand Breded Spicy Chicken
HOT OFF THE PRESS		Marinated Grilled Chicken Breast Seasoned Fries Chicken Bacon Ranch House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Frisco Melt House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Santa Fe Turkey Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Ultimate Grilled Cheese House Made Chips
	10	11	12	13	14
HOMESTYLE FRESH	Homemade Mostacioli with Meat Sauce	Chicken, Orange	Sloppy Joe	Burrito, Hand Rolled Beef & Bean	Chicken Fajitas
EXTRA EXTRA	Fruit, Baked Apples Broccoli, Steamed	Stir Fry Vegetables Pasta Aglio E Olio	Potatoes, Tri-Tater Cauliflower, Oven Roasted	Rice, Spanish Corn, Fiesta	Corn, Roasted on the Cob Green Beans, Italian Style
VEGETARIAN	Pasta Con Broccoli	Black Bean Southwest Burger with Lettuce & Tomato	Roasted Veggie Wrap	Baked Mac & Cheese	Fish Taco with Sweet & Sour Slaw
DAILY CHEF SPECIAL	Garlic Breadsticks	Crab Rangoon	Bosco Breadstick Pork, Carolina Pulled	Nachos Supreme	Sandwich, Greek Pita
WRAP IT UP! OFF THE GRILL	Turkey Bacon Club Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Buffalo Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Chicken Caesar Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Rancher's Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	BLT Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken
HOT OFF THE PRESS	Marinated Grilled Chicken Breast Seasoned Fries Chipotle Chicken Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Cuban Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Buffalo Chicken Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Santa Fe Turkey Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Philly Beef Panini House Made Chips
	17	18	19	20	21
HOMESTYLE FRESH	Spaghetti & Meatballs	Chicken Drumsticks, Home Style	Soft Beef or Chicken Tacos	Chicken Strips, Garlic Parmesan Hand Breded	Fried Cod Basket
EXTRA EXTRA	Peas, Sautéed Sugar Snap Green Beans, Italian Style	Potatoes, Au Gratin Potatoes Cole Slaw	Black Beans & Rice Corn, Fiesta	Potatoes, New Boiled with Dill Vegetables, California Medley	Cole Slaw Hush Puppies
VEGETARIAN	Black Bean & Pepperjack Burrito	Loaded Baked Potato	Pasta Primavera	Spinach Lasagna Pinwheels	Ultimate Grilled Cheese Sandwich
DAILY CHEF SPECIAL	Garlic Breadsticks	Pretzel Bites with Cheese	Bosco Breadstick	Popcorn Shrimp Basket	Waffle Fries
WRAP IT UP! OFF THE GRILL	Ravioli, Louisa Toasted Beef Turkey Bacon Club Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Sandwich, Philly Cheesesteak Buffalo Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Burrito, Beef and Bean Chicken Caesar Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Rancher's Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Corn Dogs BLT Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken
HOT OFF THE PRESS	Marinated Grilled Chicken Breast Seasoned Fries Turkey Reuben Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Turkey Club Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Chicken Bacon Ranch Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Buffalo Chicken Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Tuna Melt Panini House Made Chips
	24	25	26	27	28
HOMESTYLE FRESH	Homestyle Country Meatloaf	Chimichanga	Chicken Pot Pie with Biscuit Topping	Chicken Parmesan, Grilled	Meatballs, Homemade Italian
EXTRA EXTRA	Green Beans, Country Style Smashed Yukon Gold Potatoes	Corn, Fiesta Spanish Rice	Carrots, Honey Glazed Sliced Potatoes, Seasoned Parsley	Garlic Noodles Green Beans, Italian Style	Pasta Aglio E Olio Carrots, Honey Glazed Sliced
VEGETARIAN	Margherita Pizza	Black Bean Southwest Burger with Lettuce & Tomato	Roasted Veggie Wrap	Jumbo Stuffed Shells	Black Bean & Pepperjack Panini
DAILY CHEF SPECIAL	Bread, Garlic Cheese Chili	Smoothie King Churro	Bosco Breadstick Pretzel Bites with Cheese	Cheese Sticks, Mozzarella Corn Dogs	PAPA JOHN'S PIZZA BLT Wrap
WRAP IT UP! OFF THE GRILL	Turkey Bacon Club Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Buffalo Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Chicken Caesar Wrap Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Rancher's Chicken Classic Fresh 1/4# Burger Hand Breded Spicy Chicken	Classic Fresh 1/4# Burger Hand Breded Spicy Chicken
HOT OFF THE PRESS	Marinated Grilled Chicken Breast Seasoned Fries Turkey Club Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Philly Beef Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Chicken Bacon Ranch Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Santa Fe Turkey Panini House Made Chips	Marinated Grilled Chicken Breast Seasoned Fries Ultimate Grilled Cheese Panini House Made Chips
DAILY GRAB-N-GO	Salad Bar Specialty Salad Assorted Burgers and Fries	Gourmet Salads Cold Sandwiches	Bosco Stick Yourt Bar	Fresh Vegetables Assorted Dine Fresh Fruit/Seasonal	Assorted Snacks Assorted Beverages



Food Service Consultants, Inc.
Serving You With Pride

